

**All Out Swim 2010 - 17/04/2010****Results - Saturday****Event 1 Women 18-24 200 LC Meter Freestyle**

NATL: 2:17.29 ! 30/11/1980 JAYNIE HUDGELL

ON: 2:17.29 \* 30/11/1980 JAYNIE HUDGELL

Name	Age	Team	Seed Time	Finals Time	Points
1 Palmer, Serena 1:07.67 2:21.46	21	CANADIAN FORCES MASTERS	2:18.45	2:21.46	20
2 Orzechowska, Anna 1:11.87 2:30.86	23	ETOBICOKE OLYMPIUM MASTERS	2:30.00	2:30.86	17
3 Dineen, Elizabeth 1:17.21 2:41.00	20	ETOBICOKE OLYMPIUM MASTERS	2:36.72	2:41.00	16
4 Couturier, Shona 1:16.56 2:44.38	20	CANADIAN FORCES MASTERS	2:34.22	2:44.38	15
5 Sutcliffe, Jenna 1:21.67 2:49.87	24	DOWNTOWN SWIM CLUB-CANADA	2:50.00	2:49.87	14

**Event 1 Women 25-29 200 LC Meter Freestyle**

NATL: 2:14.95 ! 31/07/1985 BONNIE DURDY EVANS

ON: 2:14.95 \* 31/07/1985 BONNIE DURDY EVANS

1 Farkas, Jamie 1:33.33 3:13.74	25	AURORA MASTER DUCKS-	3:15.00	3:13.74	20
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**Event 1 Women 30-34 200 LC Meter Freestyle**

NATL: 2:09.12 ! 30/06/1992 LYNN MARSHALL

ON: 2:09.12 \* 30/06/1992 LYNN MARSHALL

1 Kerr, Jenn 1:12.95 2:29.85	31	BURLINGTON MASTERS SWIM	2:25.00	2:29.85	20
2 Kwok, Heather 1:15.42 2:35.74	30	NORTH TORONTO MASTERS SWIM	2:34.90	2:35.74	17
3 Murdock, Sally 1:15.64 2:44.13	30	NORTH TORONTO MASTERS SWIM	2:40.00	2:44.13	16
4 Antler, Margaret 1:19.87 2:45.19	34	NORTH TORONTO MASTERS SWIM	2:50.00	2:45.19	15
5 Smith, Bronwen 1:22.31 2:48.13	30	NORTH TORONTO MASTERS SWIM	2:42.00	2:48.13	14
6 MacKinnon, Tanya 1:40.82 3:44.07	34	UNATTACHED ONTARIO-CANADA	3:00.00	3:44.07	13

**Event 1 Women 35-39 200 LC Meter Freestyle**

NATL: 2:09.70 ! 27/04/2008 MELANIA BUSSIÈRE

ON: 2:13.02 \* 30/06/1996 LYNN MARSHALL

1 Chiki, Colleen 1:13.97 2:29.00	37	BURLINGTON MASTERS SWIM	2:30.00	2:29.00	20
2 MacFarlane, Amy 1:31.09 3:11.65	37	DOWNTOWN SWIM CLUB-CANADA	3:20.00	3:11.65	17
3 Oliveira, Carla 1:35.72 3:21.25	37	ETOBICOKE OLYMPIUM MASTERS	3:40.00	3:21.25	16

**Event 1 Women 45-49 200 LC Meter Freestyle**

NATL: 2:15.88 ! 28/06/2008 LYNN MARSHALL

ON: 2:15.88 \* 28/06/2008 LYNN MARSHALL

1 Hoyland, Karen 1:25.04 2:56.33	49	DOWNTOWN SWIM CLUB-CANADA	2:50.00	2:56.33	20
2 Corso, Terri 1:28.75 2:58.88	47	AURORA MASTER DUCKS-	3:00.00	2:58.88	17
3 Gauthier, Christiane 1:33.40 3:15.70	47	ETOBICOKE OLYMPIUM MASTERS	3:25.00	3:15.70	16

**All Out Swim 2010 - 17/04/2010****Results - Saturday****(Event 1 Women 45-49 200 LC Meter Freestyle)**

4	Fisher, Jennifer	45	BURLINGTON MASTERS SWIM	4:00.00	3:58.22	15
	1:53.61 3:58.22					
5	Dubord, Monique	45	ETOBICOKE OLYMPIUM MAS'	3:45.00	4:04.42	14
	1:51.22 4:04.42					
---	Jacob, Casey	45	AURORA MASTER DUCKS-	2:50.49	NS	
---	Dhanvantari, Savita	45	LONDON SILVER DOLPHINS M	3:30.00	SCR	

**Event 1 Women 50-54 200 LC Meter Freestyle**

NATL: 2:22.88 ! 27/04/2008 JEANNE CARLSEN

ON: 2:35.70 \* 14/02/2004 CATHERINE MERRITT

1	Guidinger, Jan	51	MAKING WAVES SWIM CLUB-	3:03.00	3:09.69	20
	1:32.05 3:09.69					

**Event 1 Women 60-64 200 LC Meter Freestyle**

NATL: 2:50.68 ! 15/03/2008 ELIZABETH SMITH

ON: 2:58.85 \* 24/06/2007 WENDY WAGLAND

1	Herbert, Eileen	63	TOWN OF NEWMARKET MAS'	5:00.00	4:49.02	20
	2:20.67 4:49.02					
---	Wilson, Taina	61	NORTH YORK GATORS-CAN	3:50.00	DQ	
	False start 1:52.45 DQ					

**Event 1 Men 30-34 200 LC Meter Freestyle**

NATL: 2:00.87 ! 29/03/2009 JONATHAN MILLER

ON: 2:05.22 \* 30/06/1992 DAVID TOWN

1	Singer, Jason	33	NORTH TORONTO MASTERS S	2:12.00	2:15.06	20
	1:05.98 2:15.06					
2	Smith, Jason	33	BURLINGTON MASTERS SWIM	2:50.00	2:44.55	17
	1:18.87 2:44.55					
3	Lee, Timothy	34	DOWNTOWN SWIM CLUB-CA	NT	2:57.48	16
	1:22.58 2:57.48					
4	Mishra, Chetan	32	NORTH TORONTO MASTERS S	3:34.51	3:34.38	15
	1:37.90 3:34.38					

**Event 1 Men 35-39 200 LC Meter Freestyle**

NATL: 2:02.53 ! 30/06/2005 JEFF WELECHUK

ON: 2:06.13 \* 31/07/2000 JEFF KLEVEN

1	Tekker, Robert	39	NORTH TORONTO MASTERS S	2:20.00	2:31.42	20
	1:10.86 2:31.42					
2	Clarke, Kristian	38	DOWNTOWN SWIM CLUB-CA	2:40.00	2:33.10	17
	1:11.63 2:33.10					
3	Sinclair, Andy	38	DOWNTOWN SWIM CLUB-CA	2:35.00	2:37.62	16
	1:14.93 2:37.62					
4	Chang, Simon	35	ETOBICOKE OLYMPIUM MAS'	3:25.00	3:22.57	15
	1:35.22 3:22.57					

**Event 1 Men 40-44 200 LC Meter Freestyle**

NATL: 2:03.53 ! 30/09/2002 GRAHAM WELBOURN

ON: 2:06.80 \* 04/08/2006 GILES DESCHENES

1	Nesovic, Jake	43	TRILLIUM Y MASTERS SWIM	2:25.00	2:26.69	20
	1:10.89 2:26.69					
2	Morais, Mark	40	ETOBICOKE OLYMPIUM MAS'	2:45.00	2:55.50	17
	1:24.12 2:55.50					
3	Pugh, Steve	41	NORTH TORONTO MASTERS S	4:00.00	3:51.58	16
	1:56.01 3:51.58					

**All Out Swim 2010 - 17/04/2010****Results - Saturday****Event 1 Men 45-49 200 LC Meter Freestyle**

NATL: 2:05.43 ! 06/08/2006 GRAHAM WELBOURN

ON: 2:12.79 \* 24/02/2008 MARTY RAYMOND

1	O'Shaughnessy, Christopher	45	DOWNTOWN SWIM CLUB-CA	2:22.00	2:19.10	20
	1:05.95 2:19.10					
2	Strang, John	45	BURLINGTON MASTERS SWIM	2:35.00	2:31.26	17
	1:14.33 2:31.26					
3	Landy, Andrew	48	KINGSTON MASTERS AQUATI	2:27.49	2:34.00	16
	1:11.88 2:34.00					
4	Mateer, Glen	49	TRILLIUM Y MASTERS SWIM	2:31.00	2:39.83	15
	1:16.15 2:39.83					
5	Dennis, Oliver	48	TORONTO TRIATHLON SWIM	2:47.00	2:40.62	14
	1:14.13 2:40.62					
6	Graziosi, Marco	46	NORTH YORK GATORS-CAN	3:05.00	3:03.09	13
	1:27.35 3:03.09					
---	Harvey, John	45	DOWNTOWN SWIM CLUB-CA	2:42.32	NS	

**Event 1 Men 50-54 200 LC Meter Freestyle**

NATL: 2:13.33 ! 30/04/2004 DAVE DICKSON

ON: 2:13.55 \* 24/02/2007 MICHAEL PATRICK

1	Sarchuk, Alex	50	TORONTO TRIATHLON SWIM	2:25.00	2:26.38	20
	1:10.88 2:26.38					
2	Rieper, Ralph	51	NORTH YORK GATORS-CAN	2:30.00	2:36.01	17
	1:14.44 2:36.01					
3	Sorocky, Stephen	50	ETOBICOKE OLYMPIUM MAS	3:30.00	3:07.86	16
	1:31.87 3:07.86					
4	Hogg, Gord	54	NORTH TORONTO MASTERS S	4:00.00	3:54.93	15
	1:50.82 3:54.93					

**Event 1 Men 55-59 200 LC Meter Freestyle**

NATL: 2:15.36 ! 29/03/2009 DAVE DICKSON

ON: 2:17.57 \* 04/08/2006 RON ARMSTRONG

1	Lindquist, Les	59	AURORA MASTER DUCKS-CA	2:59.00	2:57.55	20
	1:27.90 2:57.55					
2	Malcolm, Bill	57	UNATTACHED-USA	3:29.99	3:14.35	17
	1:33.22 3:14.35					

**Event 1 Men 70-74 200 LC Meter Freestyle**

NATL: 2:53.82 ! 20/02/2010 KARL DONOGHUE

ON: 2:56.83 \* 31/03/2002 GEORGE MILNE

1	Lane, Charlie	72	ETOBICOKE OLYMPIUM MAS	3:30.00	3:32.44	20
	1:43.25 3:32.44					
2	Heard, Ken	72	DOWNTOWN SWIM CLUB-CA	4:05.00	4:24.46	17
	2:04.98 4:24.46					

**Event 1 Men 75-79 200 LC Meter Freestyle**

NATL: 3:11.28 ! 25/04/2009 CHRIS SMITH

ON: 3:11.28 \* 25/04/2009 CHRISTOPHER SMITH

1	Henne, Wally	75	TRILLIUM Y MASTERS SWIM	3:25.00	3:29.15	20
	1:40.83 3:29.15					
---	Milne, George	78	TRILLIUM Y MASTERS SWIM	3:35.00	SCR	

**Event 2 Women 18-24 50 LC Meter Butterfly**

NATL: 29.68 ! 29/03/2009 JENNIFER ARTHUR

ON: 31.77 \* 31/07/1989 SYLVIA BUXTON

1	Orzechowska, Anna	23	ETOBICOKE OLYMPIUM MAS	34.00	34.41	20
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**All Out Swim 2010 - 17/04/2010****Results - Saturday****(Event 2 Women 18-24 50 LC Meter Butterfly)**

---	Porter, Melinda (Mindy)	22	LONDON SILVER DOLPHINS M	32.00		SCR
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**Event 2 Women 30-34 50 LC Meter Butterfly**

NATL:	27.73	!	28/06/2008	NADINE ROLLAND
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ON:	30.74	*	10/10/2005	JANET MAYVILLE
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1	Murdock, Sally	30	NORTH TORONTO MASTERS S	40.00	35.98	20
2	Judd, Sandra	34	BURLINGTON MASTERS SWIM	36.00	36.25	17
3	Kwok, Heather	30	NORTH TORONTO MASTERS S	35.60	37.41	16
---	Fullerton, Christine	32	AURORA MASTER DUCKS-	51.99	NS	

**Event 2 Women 35-39 50 LC Meter Butterfly**

NATL:	29.38	!	30/06/2005	DEBBIE YOUNGER
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ON:	31.23	*	22/02/2009	JANET MAYVILLE
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1	Chiki, Colleen	37	BURLINGTON MASTERS SWIM	35.00	33.90	20
2	Vasilescu, Alina	39	NEWMARKET MASTERS SWIM	38.07	36.35	17
3	Tome, Chantal	37	NORTH TORONTO MASTERS S	38.00	36.78	16
4	Micheff, Lori Lynn	35	NORTH TORONTO MASTERS S	35.00	36.85	15
5	Cowling, Denyse	38	BURLINGTON MASTERS SWIM	38.00	39.82	14
6	Oliveira, Carla	37	ETOBICOKE OLYMPIUM MAS'	52.00	54.43	13

**Event 2 Women 45-49 50 LC Meter Butterfly**

NATL:	31.38	!	30/06/2005	SARAH MACDONALD
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ON:	32.77	*	13/05/1960	LYNN MARSHALL
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1	Clark, Diane	48	AURORA MASTER DUCKS-	45.00	42.76	20
2	Duckworth, Cheryl	49	AURORA MASTER DUCKS-	NT	1:02.79	17
---	Keenan, Amanda	47	DOWNTOWN SWIM CLUB-CAI	1:20.00	NS	

**Event 2 Women 50-54 50 LC Meter Butterfly**

NATL:	31.80	!	20/02/2010	SARAH MACDONALD
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ON:	36.34	*	12/02/2005	PEGGY BAXTER
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1	Mitchell, Janet	50	AURORA MASTER DUCKS-	36.33	34.84*	20
2	Iannucci, Judy	54	AURORA MASTER DUCKS-	38.00	40.45	17
---	Weir, Sue	54	TRILLIUM Y MASTERS SWIM	37.50	NS	

**Event 2 Women 55-59 50 LC Meter Butterfly**

NATL:	37.05	!	24/02/2007	CATHY MERRITT
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ON:	37.05	*	24/02/2007	CATHY MERRITT
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1	Chappell, Carol	59	AURORA MASTER DUCKS-	1:13.52	1:05.92	20
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**Event 2 Men 25-29 50 LC Meter Butterfly**

NATL:	26.20	!	30/06/2005	JONATHAN MILLER
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ON:	26.84	*	31/01/1999	MARTIN RUSSOCKI
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1	Hunter, Ben	29	NORTH TORONTO MASTERS S	31.00	30.36	20
2	Sawa, Matt	29	NORTH TORONTO MASTERS S	37.80	30.95	17
3	Beck, Corey	28	OHIO SPLASH-USA	37.00	36.55	16

**Event 2 Men 30-34 50 LC Meter Butterfly**

NATL:	25.84	!	30/06/1988	DAN THOMPSON
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ON:	25.84	*	30/06/1988	DAN THOMPSON
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1	Shamek, Pietucha	34	DOWNTOWN SWIM CLUB-CAI	29.00	26.41	20
2	Espadas, Paco	34	DOWNTOWN SWIM CLUB-CAI	39.88	38.72	17

**All Out Swim 2010 - 17/04/2010****Results - Saturday****Event 2 Men 35-39 50 LC Meter Butterfly**

NATL: 26.06 ! 30/04/2004 BARRY SARETSKY

ON: 26.24 \* 30/06/1994 DAN THOMPSON

1	Nagy, Christopher	36	ETOBICOKE OLYMPIUM MAS'	29.50	27.54	20
2	Skitch, Jason	39	DOWNTOWN SWIM CLUB-CA	31.22	30.93	17
3	Bianchini, Eric	39	DOWNTOWN SWIM CLUB-CA	31.72	32.71	16
4	Milankov, Steve	37	TEAM NEW YORK AQUATICS-	34.55	33.23	15
5	Yousefi, Mojtaba	36	TRILLIUM Y MASTERS SWIM	35.10	35.64	14
6	Clarke, Kristian	38	DOWNTOWN SWIM CLUB-CA	35.00	37.52	13
---	Lau, Calvin	35	TRILLIUM Y MASTERS SWIM	29.50	NS	

**Event 2 Men 40-44 50 LC Meter Butterfly**

NATL: 27.05 ! 12/12/2009 BARRY SARETSKY

ON: 27.57 \* 31/01/1998 MICHAEL KERR

1	Christofferson, Jeff	43	LONDON SILVER DOLPHINS M	29.09	29.45	20
2	Cupidio, Chris	42	BEACH BARRACUDAS-CAN	30.87	31.98	17
3	Mitchell, Adrian	42	DOWNTOWN SWIM CLUB-CA	32.30	33.19	16
4	Millar, Douglas	42	DOWNTOWN SWIM CLUB-CA	39.00	40.46	15

**Event 2 Men 45-49 50 LC Meter Butterfly**

NATL: 27.84 ! 22/04/2007 DAVE TOWN

ON: 27.84 \* 22/04/2007 DAVE TOWN

1	Macpherson, Michael	46	ETOBICOKE OLYMPIUM MAS'	31.00	30.80	20
2	Leger, Tom	49	AURORA MASTER DUCKS-	34.00	34.31	17
3	Oliver, Eric	47	AURORA MASTER DUCKS-	36.00	34.68	16
4	Castonguay, Guy	47	DOWNTOWN SWIM CLUB-CA	33.90	35.23	15
5	Graziosi, Marco	46	NORTH YORK GATORS-CAN	55.00	38.76	14

**Event 2 Men 50-54 50 LC Meter Butterfly**

NATL: 27.39 ! 31/05/2004 JOHN VAN BUUREN

ON: 28.29 \* 04/08/2006 DAVE WILKIN

1	Freeman, David	53	AURORA MASTER DUCKS-	29.50	29.90	20
2	Sarchuk, Alex	50	TORONTO TRIATHLON SWIM	32.00	32.65	17
3	Thurlbeck, Gregg	52	ALDERWOOD TEDDY BARES-	35.00	35.91	16
4	Moultray, Jim	52	AURORA MASTER DUCKS-	38.00	39.92	15
---	Gilbert, Nicholas	54	LONDON SILVER DOLPHINS M	33.00	NS	

**Event 2 Men 55-59 50 LC Meter Butterfly**

NATL: 29.14 ! 24/02/2008 DAVE DICKSON

ON: 29.23 \* 27/04/2008 DAVE WILKIN

1	Wilkin, Dave	58	AURORA MASTER DUCKS-	29.80	30.90	20
2	Shulman, Geoff	56	TORONTO MASTERS OF THE U	34.00	34.62	17
3	Koert van der Linden, Wouter	55	UNATTACHED ONTARIO-CAN	45.00	44.83	16

**Event 2 Men 60-64 50 LC Meter Butterfly**

NATL: 30.15 ! 31/07/2002 IAN SMITH

ON: 32.40 \* 31/07/2003 PETER STRAKA

1	Von Zuben, Chuck	61	TRILLIUM Y MASTERS SWIM	39.00	39.90	20
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**Event 2 Men 65-69 50 LC Meter Butterfly**

NATL: 30.68 ! 17/04/2009 IAN SMITH

ON: 33.23 \* 16/08/2008 PETER STRAKA

1	Finlay, Bryan	67	LONDON SILVER DOLPHINS M	45.00	40.31	20
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**All Out Swim 2010 - 17/04/2010****Results - Saturday****Event 2 Men 75-79 50 LC Meter Butterfly**

NATL: 43.66 ! 20/02/2010 GRANT HALL

ON: 45.39 \* 06/03/2005 MIKE TORSNEY

--- Milne, George 78 TRILLIUM Y MASTERS SWIM 51.00 SCR

**Event 3 Women 18-24 100 LC Meter Backstroke**

NATL: 1:11.43 ! 31/07/2002 SARAH BAILLIE

ON: 1:11.43 \* 31/05/1993 SARAH BAILLIE

1 Dineen, Elizabeth 20 ETOBICOKE OLYMPIUM MAS 1:21.35 1:23.78 20  
--- Porter, Melinda (Mindy) 22 LONDON SILVER DOLPHINS M 1:17.00 SCR**Event 3 Women 25-29 100 LC Meter Backstroke**

NATL: 1:07.46 ! 31/07/1985 CHERYL GIBSON

ON: 1:10.54 \* 31/03/2002 JANET MAYVILLE

1 Guzman, Maria 29 NORTH TORONTO MASTERS S 1:20.50 1:20.58 20  
--- Farkas, Jamie 25 AURORA MASTER DUCKS- 1:35.00 NS**Event 3 Women 30-34 100 LC Meter Backstroke**

NATL: 1:10.64 ! 18/04/2009 NADINE ROLLAND

ON: 1:13.13 \* 18/04/2004 CHRISTINA ECHOLS

1 Kerr, Jenn 31 BURLINGTON MASTERS SWIM 1:15.00 1:18.30 20  
2 Judd, Sandra 34 BURLINGTON MASTERS SWIM 1:23.00 1:23.91 17**Event 3 Women 35-39 100 LC Meter Backstroke**

NATL: 1:07.94 ! 15/03/2008 CINDY MABEE

ON: 1:11.51 \* 22/02/2009 JANET MAYVILLE

1 Haneberry, Petra 35 BURLINGTON MASTERS SWIM 1:16.20 1:19.48 20  
2 Teague, Melony 39 AURORA MASTER DUCKS- NT 1:39.04 17**Event 3 Women 45-49 100 LC Meter Backstroke**

NATL: 1:13.25 ! 30/06/2005 CATHY SHEEHAN

ON: 1:16.59 \* 27/06/2009 LYNN MARSHALL

1 Kosac, Marci 46 LONDON SILVER DOLPHINS M 1:33.00 1:36.99 20  
2 Corso, Terri 47 AURORA MASTER DUCKS- 1:54.00 1:49.41 17  
--- Keenan, Amanda 47 DOWNTOWN SWIM CLUB-CAN 2:10.00 NS**Event 3 Women 50-54 100 LC Meter Backstroke**

NATL: 1:20.67 ! 29/03/2009 JANIE MCCALL

ON: 1:23.28 \* 04/08/2006 JILL VANDERFLEET-SCOTT

1 Baker, Tracey 50 LONDON SILVER DOLPHINS M 1:31.00 1:33.12 20  
2 Salmon, Anneke 54 LONDON SILVER DOLPHINS M 1:32.00 1:35.64 17  
3 Moultray, Elizabeth 50 AURORA MASTER DUCKS- NT 1:57.09 16**Event 3 Women 55-59 100 LC Meter Backstroke**

NATL: 1:22.23 ! 07/02/2009 LINDA HUNT

ON: 1:33.45 \* 05/02/2006 DAWN BABIN

1 Shields, Colleen 59 ETOBICOKE OLYMPIUM MAS 1:40.00 1:40.19 20

**Event 3 Women 60-64 100 LC Meter Backstroke**

NATL: 1:25.79 ! 31/07/2002 BONNIE PRONK

ON: 1:38.73 \* 30/04/1994 RITA MARKLAND

1 Wilson, Taina 61 NORTH YORK GATORS-CAN 2:03.00 2:01.84 20  
2 Herbert, Eileen 63 TOWN OF NEWMARKET MAS 3:00.00 3:11.56 17

**All Out Swim 2010 - 17/04/2010****Results - Saturday****Event 3 Men 30-34 100 LC Meter Backstroke**

NATL: 1:01.27 ! 31/07/2000 JARED SCHEFFEL

ON: 1:01.27 \* 31/07/2000 JARED SCHEFFEL

1 Smith, Jason 33 BURLINGTON MASTERS SWIM 1:35.00 1:37.52 20

**Event 3 Men 35-39 100 LC Meter Backstroke**

NATL: 1:01.80 ! 02/08/2006 MARK TEWKSBURY

ON: 1:05.13 \* 31/07/2000 PETER MCKINNON

1 Dreger, Cameron 35 ETOBICOKE OLYMPIUM MAS' 1:19.00 1:21.70 20

2 Sinclair, Andy 38 DOWNTOWN SWIM CLUB-CA 1:20.00 1:22.85 17

3 Churcher, Jed 37 ETOBICOKE OLYMPIUM MAS' 1:20.00 1:25.21 16

4 Yousefi, Mojtaba 36 TRILLIUM Y MASTERS SWIM 1:26.70 1:32.84 15

**Event 3 Men 40-44 100 LC Meter Backstroke**

NATL: 1:03.66 ! 30/04/2004 PETER MCKINNON

ON: 1:03.66 \* 09/05/2004 PETER MCKINNON

1 Grossi, Geminio 41 DOWNTOWN SWIM CLUB-CA 1:13.50 1:13.14 20

2 O'Keefe, Kevin 43 DOWNTOWN SWIM CLUB-CA 1:30.00 1:35.69 17

**Event 3 Men 45-49 100 LC Meter Backstroke**

NATL: 1:04.98 ! 31/07/2003 WIESLAW MUSIAL

ON: 1:04.98 \* 31/07/2003 WIESLAW MUSIAL

1 McKinnon, Peter 46 ORILLIA OLD POOPS SWIMMI 1:04.80 1:05.97 20

2 Bauer, Don 47 BORDEN ENDUROS ATHLETIC 1:16.50 1:15.39 17

3 Ball, Jeff 48 BURLINGTON MASTERS SWIM 1:15.00 1:16.37 16

--- Harvey, John 45 DOWNTOWN SWIM CLUB-CA 1:33.56 NS

--- Landy, Andrew 48 KINGSTON MASTERS AQUATI 1:21.94 NS

**Event 3 Men 50-54 100 LC Meter Backstroke**

NATL: 1:06.52 ! 23/06/2007 WIESLAW MUSIAL

ON: 1:06.52 \* 23/06/2007 WIESLAW MUSIAL

1 Rieper, Ralph 51 NORTH YORK GATORS-CAN 1:18.00 1:24.76 20

**Event 3 Men 55-59 100 LC Meter Backstroke**

NATL: 1:10.67 ! 10/10/2009 JIM MACDONALD

ON: 1:13.02 \* 27/04/2008 DAVE WILKIN

1 Smith, Dean 55 DOWNTOWN SWIM CLUB-CA 1:18.00 1:25.13 20

**Event 3 Men 60-64 100 LC Meter Backstroke**

NATL: 1:11.94 ! 07/03/2009 PETER O'BRIEN

ON: 1:22.77 \* 31/07/2000 TOM VERTH

1 Spencer, Doug 62 LONDON SILVER DOLPHINS M 1:44.00 1:42.88 20

**Event 3 Men 65-69 100 LC Meter Backstroke**

NATL: 1:21.39 ! 30/06/2005 KARL DONOGHUE

ON: 1:25.84 \* 22/07/2006 TOM VERTH

1 Finlay, Bryan 67 LONDON SILVER DOLPHINS M 1:40.00 1:40.17 20

**Event 3 Men 70-74 100 LC Meter Backstroke**

NATL: 1:26.47 ! 20/02/2010 KARL DONOGHUE

ON: 1:27.21 \* 27/04/2008 TOM VERTH

1 Heard, Ken 72 DOWNTOWN SWIM CLUB-CA 3:30.00 3:21.41 20

**Event 3 Men 75-79 100 LC Meter Backstroke**

NATL: 1:37.63 ! 17/08/2008 JOHN GRAVE

ON: 1:45.73 \* 31/07/1991 HARRY CLASS

1 Henne, Wally 75 TRILLIUM Y MASTERS SWIM 1:48.00 1:53.14 20

**All Out Swim 2010 - 17/04/2010****Results - Saturday****Event 4 Women 18-24 200 LC Meter IM**

NATL: 2:37.85 ! 29/02/1988 NATALIE DESCHAMPS

ON: 2:38.24 \* 30/11/1980 JAYNIE HUDGELL

1	Palmer, Serena	21	CANADIAN FORCES MASTER	2:38.49	2:47.68	20
	1:23.73 2:47.68					
2	Sutcliffe, Jenna	24	DOWNTOWN SWIM CLUB-CA	3:00.00	3:08.34	17
	1:32.52 3:08.34					
3	Couturier, Shona	20	CANADIAN FORCES MASTER	2:50.22	3:08.58	16
	1:29.96 3:08.58					

**Event 4 Women 30-34 200 LC Meter IM**

NATL: 2:29.69 ! 31/01/2005 NADINE ROLLAND

ON: 2:32.44 \* 05/02/2006 CINDY BERTELINK

1	DiFilippo, Jennifer	34	DOWNTOWN SWIM CLUB-CA	3:38.00	3:23.99	20
	1:35.79 3:23.99					
---	Judd, Sandra	34	BURLINGTON MASTERS SWIM	3:00.00	NS	

**Event 4 Women 35-39 200 LC Meter IM**

NATL: 2:30.00 ! 30/06/2005 DEBBIE YOUNGER

ON: 2:36.34 \* 30/04/1996 LYNN MARSHALL

1	Haneberry, Petra	35	BURLINGTON MASTERS SWIM	2:47.10	3:00.12	20
	1:23.99 3:00.12					
2	Tome, Chantal	37	NORTH TORONTO MASTERS S	3:13.00	3:13.57	17
	1:31.97 3:13.57					
3	Cowling, Denyse	38	BURLINGTON MASTERS SWIM	3:09.00	3:29.23	16
	1:39.73 3:29.23					
4	Sedgewick, Shauna	37	AURORA MASTER DUCKS-	3:30.00	3:31.02	15
	1:45.38 3:31.02					
5	Oliveira, Carla	37	ETOBICOKE OLYMPIUM MAS'	3:50.00	3:48.78	14
	1:57.19 3:48.78					

**Event 4 Women 40-44 200 LC Meter IM**

NATL: 2:36.51 ! 28/02/2002 CYNTHIA PINCOTT

ON: 2:38.49 \* 31/01/2002 LYNN MARSHALL

1	McDowell, Gillian	41	AURORA MASTER DUCKS-	3:24.99	3:28.47	20
	1:42.16 3:28.47					

**Event 4 Women 45-49 200 LC Meter IM**

NATL: 2:40.38 ! 27/06/2009 LYNN MARSHALL

ON: 2:40.38 \* 27/06/2009 LYNN MARSHALL

1	Clark, Diane	48	AURORA MASTER DUCKS-	3:35.00	3:32.33	20
	1:39.53 3:32.33					
2	Gauthier, Christiane	47	ETOBICOKE OLYMPIUM MAS'	NT	3:50.08	17
	1:53.18 3:50.08					

**Event 4 Women 50-54 200 LC Meter IM**

NATL: 2:46.37 ! 15/03/2008 JEANNE CARLSEN

ON: 2:58.45 \* 12/02/2005 CATHERINE MERRITT

1	Weir, Sue	54	TRILLIUM Y MASTERS SWIM	3:15.60	3:17.91	20
	1:29.93 3:17.91					
2	Menary, Susan	50	NORTH TORONTO MASTERS S	3:26.50	3:19.41	17
	1:38.25 3:19.41					
3	Baker, Tracey	50	LONDON SILVER DOLPHINS M	3:16.00	3:28.55	16
	1:40.75 3:28.55					
4	Hall, Dorothy	53	AURORA MASTER DUCKS-	3:35.00	3:31.11	15
	1:42.19 3:31.11					

**All Out Swim 2010 - 17/04/2010****Results - Saturday****(Event 4 Women 50-54 200 LC Meter IM)**

--- Eberhard, Jeanette 53 LONDON SILVER DOLPHINS M 3:48.00 SCR

**Event 4 Women 55-59 200 LC Meter IM**

NATL: 3:00.80 ! 30/06/2005 HELLA VERSVELD

ON: 3:01.89 \* 24/02/2008 CATHY MERRITT

1 McTavish, Sandra 55 LONDON SILVER DOLPHINS M 3:30.21 3:37.19 20  
1:50.99 3:37.19

**Event 4 Men 25-29 200 LC Meter IM**

NATL: 2:18.61 ! 22/07/2005 BRIAN BRIX

ON: 2:19.79 \* 31/07/1985 IAN TORRANCE

1 Hunter, Ben 29 NORTH TORONTO MASTERS S 2:36.00 2:41.91 20  
1:12.35 2:41.91

2 Beck, Corey 28 OHIO SPLASH-USA 2:50.00 3:06.06 17  
1:28.37 3:06.06

**Event 4 Men 30-34 200 LC Meter IM**

NATL: 2:16.93 ! 30/06/1988 DAVE TOWN

ON: 2:16.93 \* 30/06/1988 DAVID TOWN

1 Singer, Jason 33 NORTH TORONTO MASTERS S 2:28.00 2:30.59 20  
1:12.67 2:30.59

2 Lee, Timothy 34 DOWNTOWN SWIM CLUB-CA] NT 3:13.57 17  
1:26.95 3:13.57

**Event 4 Men 35-39 200 LC Meter IM**

NATL: 2:17.72 ! 31/07/1996 DAVE TOWN

ON: 2:17.72 \* 31/07/1996 DAVID TOWN

1 Tekker, Robert 39 NORTH TORONTO MASTERS S 2:40.00 2:53.94 20  
1:21.03 2:53.94

2 Bianchini, Eric 39 DOWNTOWN SWIM CLUB-CA] 2:47.02 2:54.05 17  
1:22.06 2:54.05

3 Sinclair, Andy 38 DOWNTOWN SWIM CLUB-CA] 2:50.00 2:58.27 16  
1:23.53 2:58.27

4 Dreger, Cameron 35 ETOBICOKE OLYMPIUM MAS' 2:58.00 3:09.46 15  
1:24.76 3:09.46

**Event 4 Men 45-49 200 LC Meter IM**

NATL: 2:21.91 ! 21/06/2008 LEN GUSHE

ON: 2:21.91 \* 21/06/2008 LEN GUSHE

1 Macpherson, Michael 46 ETOBICOKE OLYMPIUM MAS' 2:45.00 2:44.45 20  
1:18.15 2:44.45

2 Strang, John 45 BURLINGTON MASTERS SWIM 3:00.00 2:50.25 17  
1:21.44 2:50.25

**Event 4 Men 50-54 200 LC Meter IM**

NATL: 2:27.73 ! 30/04/2004 JOHN VAN BUUREN

ON: 2:28.69 \* 27/04/2008 WIESLAW MUSIAL

1 Sarchuk, Alex 50 TORONTO TRIATHLON SWIM 2:45.00 2:47.61 20  
1:19.26 2:47.61

2 Moultray, Jim 52 AURORA MASTER DUCKS- 3:20.00 3:27.77 17  
1:38.05 3:27.77

**All Out Swim 2010 - 17/04/2010****Results - Saturday****Event 4 Men 55-59 200 LC Meter IM**

NATL: 2:32.07 ! 07/08/2006 RONALD ARMSTRONG

ON: 2:32.07 \* 04/08/2006 RON ARMSTRONG

1	Lindquist, Les	59	AURORA MASTER DUCKS-CA	3:15.00	3:18.26	20
	1:42.06 3:18.26					
---	Smith, Dean	55	DOWNTOWN SWIM CLUB-CA	2:50.00	NS	

**Event 4 Men 65-69 200 LC Meter IM**

NATL: 2:56.53 ! 31/03/2005 JACK KELSO

ON: 3:06.70 \* 27/04/2008 ERIK HAITES

1	Finlay, Bryan	67	LONDON SILVER DOLPHINS M	3:30.00	3:23.99	20
	1:42.06 3:23.99					
2	Groulx, Patrick	69	ETOBICOKE OLYMPIUM MAS	5:00.00	5:49.26	17
	3:10.46 5:49.26					

**Event 4 Men 70-74 200 LC Meter IM**

NATL: 3:29.85 ! 10/10/2009 PETER BELL

ON: 3:33.71 \* 28/02/2002 CHRISTOPHER SMITH

1	Nomura, Yoshi	73	TORONTO MASTERS OF THE U	4:23.61	4:27.62	20
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**Event 5 Women 25-29 50 LC Meter Breaststroke**

NATL: 34.58 ! 01/07/2006 MARIE-EVE BEAURIVAGE

ON: 35.91 \* 30/06/2005 JANA CHVATEL

1	Togias, Anna	25	ETOBICOKE OLYMPIUM MAS	40.00	41.45	20
2	Patrick, Jennifer	28	NORTH TORONTO MASTERS S	43.00	42.74	17
3	Guzman, Maria	29	NORTH TORONTO MASTERS S	42.50	43.63	16

**Event 5 Women 30-34 50 LC Meter Breaststroke**

NATL: 35.65 ! 18/04/2009 NADINE ROLLAND

ON: 36.68 \* 27/02/2005 JANET MAYVILLE

1	Judd, Sandra	34	BURLINGTON MASTERS SWIM	43.00	40.94	20
2	DiFilippo, Jennifer	34	DOWNTOWN SWIM CLUB-CA	40.00	45.52	17
3	Fullerton, Christine	32	AURORA MASTER DUCKS-	59.90	59.99	16

**Event 5 Women 35-39 50 LC Meter Breaststroke**

NATL: 36.53 ! 22/02/2009 JANET MAYVILLE

ON: 36.53 \* 22/02/2009 JANET MAYVILLE

1	Tome, Chantal	37	NORTH TORONTO MASTERS S	43.00	45.52	20
2	Sedgewick, Shauna	37	AURORA MASTER DUCKS-	47.00	46.60	17
3	Oliveira, Carla	37	ETOBICOKE OLYMPIUM MAS	50.00	50.41	16
4	Hassan, Jana	35	DOWNTOWN SWIM CLUB-CA	NT	54.87	15
5	Spicer, Christine	36	AURORA MASTER DUCKS-	55.00	54.96	14

**Event 5 Women 45-49 50 LC Meter Breaststroke**

NATL: 36.67 ! 28/02/2003 JUDY WOODWARD

ON: 39.45 \* 30/06/1996 YVONNE CATTRALL

1	Brankovsky, Martina	49	NORTH YORK GATORS-CAN	46.90	45.04	20
2	Duckworth, Cheryl	49	AURORA MASTER DUCKS-	52.00	51.11	17
3	Kosac, Marci	46	LONDON SILVER DOLPHINS M	45.00	53.18	16
4	Fisher, Jennifer	45	BURLINGTON MASTERS SWIM	1:00.00	1:02.92	15
---	Jacob, Casey	45	AURORA MASTER DUCKS-	41.56	NS	

**Event 5 Women 50-54 50 LC Meter Breaststroke**

NATL: 38.70 ! 07/08/2006 AVILA RHODES

ON: 41.10 \* 14/02/2004 CATHERINE MERRITT

1	Colgrove, Marlene	51	NORTH TORONTO MASTERS S	NT	1:03.43	20
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**All Out Swim 2010 - 17/04/2010****Results - Saturday****(Event 5 Women 50-54 50 LC Meter Breaststroke)**

---	Eberhard, Jeanette	53	LONDON SILVER DOLPHINS M	45.30		SCR
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**Event 5 Women 55-59 50 LC Meter Breaststroke**

NATL:	40.01	!	31/07/1999	BONNIE PRONK
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ON:	40.22	*	27/02/2005	YVONNE CATTRALL
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1	McTavish, Sandra	55	LONDON SILVER DOLPHINS M	44.20	45.27	20
2	Low, Marianne	55	BORDEN ENDUROS ATHLETIC	49.00	48.04	17
3	Chappell, Carol	59	AURORA MASTER DUCKS-	59.60	57.22	16

**Event 5 Men 25-29 50 LC Meter Breaststroke**

NATL:	30.30	!	30/04/1981	PAUL NAISBY
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ON:	31.86	*	30/06/1994	CHRIS PILON
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1	Sawa, Matt	29	NORTH TORONTO MASTERS S	32.50	32.28	20
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**Event 5 Men 30-34 50 LC Meter Breaststroke**

NATL:	29.76	!	18/04/2009	GUILLAUME FILION
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ON:	30.45	*	31/01/2000	JON CLEVELAND
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1	Espadas, Paco	34	DOWNTOWN SWIM CLUB-CA	44.00	41.81	20
2	Tona, Lionel	33	DOWNTOWN SWIM CLUB-CA	55.00	49.58	17

**Event 5 Men 35-39 50 LC Meter Breaststroke**

NATL:	31.29	!	30/06/1994	DOUG VANDERBY
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ON:	31.29	*	30/06/1994	DOUG VANDERBY
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1	Skitch, Jason	39	DOWNTOWN SWIM CLUB-CA	36.12	35.71	20
2	Jarvis, Ossie	35	DOWNTOWN SWIM CLUB-CA	NT	47.69	17
3	Reyes, Victor	37	DOWNTOWN SWIM CLUB-CA	NT	51.00	16

**Event 5 Men 40-44 50 LC Meter Breaststroke**

NATL:	31.14	!	07/08/2006	MATTHEW WILLIAMSON
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ON:	31.14	*	04/08/2006	MATTHEW WILKINSON
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1	Cupidio, Chris	42	BEACH BARRACUDAS-CAN	36.50	36.81	20
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**Event 5 Men 45-49 50 LC Meter Breaststroke**

NATL:	32.17	!	15/08/2008	BRIAN HASEGAWA
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ON:	32.17	*	15/08/2008	BRIAN HASEGAWA
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1	Williamson, Matthew	46	TRILLIUM Y MASTERS SWIM	33.50	33.23	20
2	O'Shaughnessy, Christopher	45	DOWNTOWN SWIM CLUB-CA	36.62	37.20	17
3	Oliver, Eric	47	AURORA MASTER DUCKS-	40.00	39.44	16
4	Leger, Tom	49	AURORA MASTER DUCKS-	40.00	42.03	15
5	Lam, Ernie	47	DOWNTOWN SWIM CLUB-CA	45.00	45.86	14
6	Huynh, Antoine	45	DOWNTOWN SWIM CLUB-CA	45.00	46.07	13
7	Ormston, James	48	DOWNTOWN SWIM CLUB-CA	1:15.00	48.79	12

**Event 5 Men 50-54 50 LC Meter Breaststroke**

NATL:	33.21	!	25/04/2009	DOUG VANDERBY
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ON:	33.21	*	25/04/2009	DOUG VANDERBY
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1	Freeman, David	53	AURORA MASTER DUCKS-	34.50	36.44	20
2	Sorocky, Stephen	50	ETOBICOKE OLYMPIUM MAS	50.00	45.85	17
3	Coupal, Phillip	54	DOWNTOWN SWIM CLUB-CA	58.00	55.84	16

**Event 5 Men 55-59 50 LC Meter Breaststroke**

NATL:	35.03	!	22/04/2007	DAVE WILKIN
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ON:	35.46	*	27/02/2005	ROB STODDART
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1	Wilkin, Dave	58	AURORA MASTER DUCKS-	36.50	36.78	20
2	Charlton, Peter	55	DOWNTOWN SWIM CLUB-CA	41.00	41.95	17

**All Out Swim 2010 - 17/04/2010****Results - Saturday****(Event 5 Men 55-59 50 LC Meter Breaststroke)**

3	Koert van der Linden, Wouter	55	UNATTACHED ONTARIO-CAN	50.00	46.39	16
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**Event 5 Men 60-64 50 LC Meter Breaststroke**

NATL: 36.29 ! 31/03/2000 JACK KELSO

ON: 38.39 \* 28/02/2003 BRYAN FINLAY

1	Von Zuben, Chuck	61	TRILLIUM Y MASTERS SWIM	42.00	43.11	20
2	Gaffield, Gary	60	DISTRICT OF COLUMBIA AQU	44.81	44.08	17
3	Spencer, Doug	62	LONDON SILVER DOLPHINS M	47.00	47.67	16

**Event 5 Men 65-69 50 LC Meter Breaststroke**

NATL: 37.38 ! 30/04/1996 NICK TEMPLEMAN

ON: 38.42 \* 27/04/2008 ERIK HAITES

1	Haites, Erik	67	TORONTO ATHLETIC CLUB-C.	40.00	40.13	20
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**Event 5 Men 70-74 50 LC Meter Breaststroke**

NATL: 38.57 ! 30/06/2005 PETER BELL

ON: 44.71 \* 22/07/2006 WALLY HENNE

---	Wearing, Joe	74	DOWNTOWN SWIM CLUB-CA	1:00.00	NS	
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**Event 6 Women 18-24 100 LC Meter Freestyle**

NATL: 1:02.48 ! 31/01/1999 RACHEL KITSON

ON: 1:02.48 \* 31/01/1999 RACHEL KITSON

1	Palmer, Serena	21	CANADIAN FORCES MASTERS	1:03.91	1:04.67	20
2	Orzechowska, Anna	23	ETOBICOKE OLYMPIUM MAS	1:08.00	1:09.11	17
3	Couturier, Shona	20	CANADIAN FORCES MASTERS	1:11.22	1:14.14	16

**Event 6 Women 25-29 100 LC Meter Freestyle**

NATL: 1:00.92 ! 31/03/2005 VICTORIA NAESS

ON: 1:00.94 \* 31/07/2002 JANET MAYVILLE

1	Togias, Anna	25	ETOBICOKE OLYMPIUM MAS	1:09.20	1:11.21	20
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**Event 6 Women 30-34 100 LC Meter Freestyle**

NATL: 59.62 ! 30/09/2005 JANET MAYVILLE

ON: 59.62 \* 10/10/2005 JANET MAYVILLE

1	Kerr, Jenn	31	BURLINGTON MASTERS SWIM	1:08.00	1:10.51	20
2	Murdock, Sally	30	NORTH TORONTO MASTERS S	1:15.00	1:11.56	17
				36.84	1:11.56	
3	Antler, Margaret	34	NORTH TORONTO MASTERS S	1:20.00	1:13.82	16
4	Kwok, Heather	30	NORTH TORONTO MASTERS S	1:11.30	1:13.95	15
5	Judd, Sandra	34	BURLINGTON MASTERS SWIM	1:15.00	1:14.27	14
6	Smith, Bronwen	30	NORTH TORONTO MASTERS S	1:16.00	1:14.93	13

**Event 6 Women 35-39 100 LC Meter Freestyle**

NATL: 59.57 ! 27/04/2008 MELANIA BUSSIÈRE

ON: 1:00.86 \* 30/06/1996 LYNN MARSHALL

1	Chiki, Colleen	37	BURLINGTON MASTERS SWIM	1:08.50	1:09.58	20
2	Vasilescu, Alina	39	NEWMARKET MASTERS SWIM	1:12.87	1:12.82	17
3	Cowling, Denyse	38	BURLINGTON MASTERS SWIM	1:15.00	1:21.14	16
4	Micheff, Lori Lynn	35	NORTH TORONTO MASTERS S	1:20.00	1:24.93	15
5	MacFarlane, Amy	37	DOWNTOWN SWIM CLUB-CA	1:52.78	1:26.40	14
6	Teague, Melony	39	AURORA MASTER DUCKS-	1:26.00	1:28.39	13
7	Oliveira, Carla	37	ETOBICOKE OLYMPIUM MAS	1:38.00	1:33.75	12
8	Spicer, Christine	36	AURORA MASTER DUCKS-	1:50.00	1:40.10	11
---	Ritter, Terri	39	ETOBICOKE OLYMPIUM MAS	2:15.00	NS	

**All Out Swim 2010 - 17/04/2010****Results - Saturday****Event 6 Women 45-49 100 LC Meter Freestyle**

NATL: 1:01.39 ! 30/06/2005 SARAH MACDONALD

ON: 1:04.58 \* 28/06/2009 LYNN MARSHALL

--- Dhanvantari, Savita 45 LONDON SILVER DOLPHINS M 1:30.00 SCR

**Event 6 Women 50-54 100 LC Meter Freestyle**

NATL: 1:07.21 ! 07/06/2009 JEANNE CARLSEN

ON: 1:09.50 \* 31/01/2002 CATHERINE MERRITT

1 Menary, Susan 50 NORTH TORONTO MASTERS S 1:15.62 1:16.48 20

2 Iannucci, Judy 54 AURORA MASTER DUCKS- 1:20.00 1:20.08 17

3 Hall, Dorothy 53 AURORA MASTER DUCKS- 1:28.00 1:24.08 16

4 Moultray, Elizabeth 50 AURORA MASTER DUCKS- NT 1:36.83 15

36.42 1:36.83

--- Guidinger, Jan 51 MAKING WAVES SWIM CLUB- 1:21.00 SCR

**Event 6 Women 60-64 100 LC Meter Freestyle**

NATL: 1:15.16 ! 29/03/2009 ELIZABETH SMITH

ON: 1:20.17 \* 23/06/2007 WENDY WAGLAND

1 Wilson, Taina 61 NORTH YORK GATORS-CAN 1:45.00 1:41.81 20

2 Herbert, Eileen 63 TOWN OF NEWMARKET MAS' 2:20.00 2:19.04 17

32.39 2:19.04

**Event 6 Men 18-24 100 LC Meter Freestyle**

NATL: 55.44 ! 30/04/2004 ROBERT GAROFALO

ON: 55.44 \* 09/05/2004 ROBERT GAROFALO

1 Dotto, Derek 24 DOWNTOWN SWIM CLUB-CA 1:16.00 1:12.81 20

**Event 6 Men 30-34 100 LC Meter Freestyle**

NATL: 54.68 ! 30/04/2002 MARK OLDHAM

ON: 54.81 \* 30/06/1994 PETER MCKINNON

1 Shamek, Pietucha 34 DOWNTOWN SWIM CLUB-CA 1:02.00 56.70 20

2 Singer, Jason 33 NORTH TORONTO MASTERS S 58.00 1:01.08 17

3 Avrahami, Dan 30 NORTH TORONTO MASTERS S 1:10.00 1:10.12 16

4 Espadas, Paco 34 DOWNTOWN SWIM CLUB-CA 1:12.00 1:11.45 15

5 Smith, Jason 33 BURLINGTON MASTERS SWIM 1:12.00 1:13.73 14

6 McMahan, Tadhg 33 TRILLIUM Y MASTERS SWIM 1:13.56 1:17.88 13

7 Mishra, Chetan 32 NORTH TORONTO MASTERS S 1:42.00 1:31.56 12

**Event 6 Men 35-39 100 LC Meter Freestyle**

NATL: 54.96 ! 30/06/2005 JEFF WELECHUK

ON: 56.19 \* 31/03/2003 PETER MCKINNON

1 Nagy, Christopher 36 ETOBICOKE OLYMPIUM MAS' 59.00 58.52 20

2 Krozkin, Gabriel 36 ETOBICOKE OLYMPIUM MAS' 1:05.00 1:01.92 17

3 Clarke, Kristian 38 DOWNTOWN SWIM CLUB-CA 1:10.00 1:08.04 16

4 Milankov, Steve 37 TEAM NEW YORK AQUATICS- 1:12.50 1:14.34 15

5 Yousefi, Mojtaba 36 TRILLIUM Y MASTERS SWIM 1:10.10 1:14.55 14

6 Churcher, Jed 37 ETOBICOKE OLYMPIUM MAS' 1:15.00 1:14.91 13

7 Bagley, Brian 37 DOWNTOWN SWIM CLUB-CA 1:25.00 1:18.86 12

8 Rand, Trevor 39 NORTH TORONTO MASTERS S 1:45.00 1:21.19 11

9 Reyes, Victor 37 DOWNTOWN SWIM CLUB-CA NT 1:45.09 9

35.97 35.93 1:45.09

--- Lau, Calvin 35 TRILLIUM Y MASTERS SWIM 1:02.64 NS

**All Out Swim 2010 - 17/04/2010****Results - Saturday****Event 6 Men 40-44 100 LC Meter Freestyle**

NATL: 55.78 ! 31/03/2004 PETER MCKINNON

ON: 55.78 \* 18/04/2004 PETER MCKINNON

1	Nesovic, Jake	43	TRILLIUM Y MASTERS SWIM	1:05.00	1:05.96	20
2	Mitchell, Adrian	42	DOWNTOWN SWIM CLUB-CA	1:05.00	1:08.12	17
3	Millar, Douglas	42	DOWNTOWN SWIM CLUB-CA	1:13.00	1:12.36	16
4	Morais, Mark	40	ETOBICOKE OLYMPIUM MAS	1:13.00	1:16.74	15
5	Wheeler, Garry	44	ETOBICOKE OLYMPIUM MAS	2:10.00	1:35.79	14
---	Pacheco, Allan	43	DOWNTOWN SWIM CLUB-CA	1:49.00	NS	

**Event 6 Men 45-49 100 LC Meter Freestyle**

NATL: 56.16 ! 25/04/2009 PETER MCKINNON

ON: 56.16 \* 25/04/2009 PETER MCKINNON

1	O'Shaughnessy, Christopher	45	DOWNTOWN SWIM CLUB-CA	1:03.50	1:03.21	20
2	Landy, Andrew	48	KINGSTON MASTERS AQUATI	1:05.06	1:06.29	17
3	Strang, John	45	BURLINGTON MASTERS SWIM	1:07.00	1:07.58	16
4	Bauer, Don	47	BORDEN ENDUROS ATHLETIC	1:06.50	1:07.80	15
5	Dennis, Oliver	48	TORONTO TRIATHLON SWIM	1:20.00	1:09.27	14
6	Mitchell, Andy	49	AURORA MASTER DUCKS-	1:10.00	1:10.06	13
7	Becket, David	48	DOWNTOWN SWIM CLUB-CA	1:12.00	1:10.65	12
8	Mateer, Glen	49	TRILLIUM Y MASTERS SWIM	1:13.00	1:13.02	11
9	Belcher, Tony	49	DOWNTOWN SWIM CLUB-CA	1:30.00	1:19.40	9
10	Huynh, Antoine	45	DOWNTOWN SWIM CLUB-CA	1:30.00	1:25.43	7
11	McCracken, Allan	49	DOWNTOWN SWIM CLUB-CA	1:26.65	1:25.52	6
---	Oliver, Eric	47	AURORA MASTER DUCKS-	1:12.00	NS	

**Event 6 Men 50-54 100 LC Meter Freestyle**

NATL: 56.37 ! 31/05/2004 JOHN VAN BUUREN

ON: 59.09 \* 31/07/1996 TONY JARVIS

1	Sarchuk, Alex	50	TORONTO TRIATHLON SWIM	1:03.00	1:03.74	20
2	Dent, Mitch	52	NORTH TORONTO MASTERS S	1:10.00	1:07.11	17
3	Rieper, Ralph	51	NORTH YORK GATORS-CAN	1:04.50	1:07.47	16
4	Thurlbeck, Gregg	52	ALDERWOOD TEDDY BARES-	1:13.16	1:12.19	15
5	Sorocky, Stephen	50	ETOBICOKE OLYMPIUM MAS	1:20.00	1:22.21	14
---	Gilbert, Nicholas	54	LONDON SILVER DOLPHINS M	1:07.00	NS	
---	Hogg, Gord	54	NORTH TORONTO MASTERS S	2:00.00	NS	

**Event 6 Men 55-59 100 LC Meter Freestyle**

NATL: 1:01.04 ! 24/02/2008 DAVE DICKSON

ON: 1:01.72 \* 04/08/2006 RON ARMSTRONG

1	Shulman, Geoff	56	TORONTO MASTERS OF THE U	1:08.00	1:10.09	20
2	Charlton, Peter	55	DOWNTOWN SWIM CLUB-CA	1:10.00	1:15.71	17
3	Koert van der Linden, Wouter	55	UNATTACHED ONTARIO-CAN	1:25.00	1:22.89	16
4	Malcolm, Bill	57	UNATTACHED-USA	1:50.99	1:28.77	15
5	Starr, Michael	56	DOWNTOWN SWIM CLUB-CA	2:20.00	1:51.26	14
	33.64	33.34	1:51.26			

**Event 6 Men 60-64 100 LC Meter Freestyle**

NATL: 1:03.10 ! 31/07/2002 IAN SMITH

ON: 1:07.17 \* 31/07/2000 TOM VERTH

1	Von Zuben, Chuck	61	TRILLIUM Y MASTERS SWIM	1:12.00	1:14.83	20
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**All Out Swim 2010 - 17/04/2010****Results - Saturday****Event 6 Men 75-79 100 LC Meter Freestyle**

NATL: 1:21.11 ! 16/08/2008 JOHN GRAVE

ON: 1:25.76 \* 31/05/1991 HARRY CLASS

--- Milne, George 78 TRILLIUM Y MASTERS SWIM 1:29.00 SCR

**Event 7 Women 120-159 200 LC Meter Medley Relay**

1	BURLINGTON MASTERS S	B-CAN	2:25.00	2:26.04	34
	1) Haneberry, Petra W35	2) Judd, Sandra W34	3) Chiki, Colleen W37	4) Kerr, Jenn W31	
	1:18.96	2:26.04			
2	DOWNTOWN SWIM CLUB	B-CAN	NT	2:59.51	40
	1) Hassan, Jana W35	2) DiFilippo, Jennifer W34	3) MacFarlane, Amy W37	4) Foster, Kara W41	
	1:31.92	2:59.51			

**Event 7 Women 160-199 200 LC Meter Medley Relay**

1	AURORA MASTER DUCKS	B-CAN	NT	2:58.30	32
	1) Mitchell, Janet W50	2) Clark, Diane W48	3) Fullerton, Christine W32	4) Teague, Melony W39	
	1:36.87	2:58.30			

**Event 7 Men 120-159 200 LC Meter Medley Relay**

1	DOWNTOWN SWIM CLUB	A-CAN	NT	2:14.45	40
	1) Grossi, Geminio M41	2) O'Shaughnessy, Christopher	3) Mitchell, Adrian M42	4) Sari, Florent M32	
	1:10.66	2:14.45			
2	UNATTACHED	A-USA	NT	2:40.47	34
	1) McMahon, Tadhg M33	2) Koert van der Linden, Woute	3) Cupidio, Chris M42	4) Beck, Corey M28	
	1:25.27	2:40.47			
---	DOWNTOWN SWIM CLUB	G-CAN	NT	NS	
	1) Fung, Albert M44	2) Dotto, Derek M24			
---	DOWNTOWN SWIM CLUB	D-CAN	NT	NS	
	1) Skitch, Jason M39	2) Reyes, Victor M37	3) Sinclair, Andy M38	4) Bagley, Brian M37	

**Event 7 Men 160-199 200 LC Meter Medley Relay**

1	DOWNTOWN SWIM CLUB	F-CAN	NT	2:27.23	40
	1) Bianchini, Eric M39	2) Smith, Dean M55	3) Clarke, Kristian M38	4) Becket, David M48	
	1:20.27	2:27.23			
2	DOWNTOWN SWIM CLUB	E-CAN	NT	2:55.89	34
	1) Pacheco, Allan M43	2) Lam, Ernie M47	3) Castonguay, Guy M47	4) Charlton, Peter M55	
	1:43.99	2:55.89			
3	DOWNTOWN SWIM CLUB	D-CAN	NT	3:00.20	32
	1) O'Keefe, Kevin M43	2) Jarvis, Ossie M35	3) Huynh, Antoine M45	4) McCracken, Allan M49	
	1:34.41	3:00.20			

**Event 7 Men 200-239 200 LC Meter Medley Relay**

---	DOWNTOWN SWIM CLUB	C-CAN	NT	NS	
	1) Wearing, Joe M74	2) Starr, Michael M56	3) Tona, Lionel M33	4) Heard, Ken M72	

**Event 7 Mixed 72-99 200 LC Meter Medley Relay**

1	ETOBICOKE OLYMPIUM N	B-CAN	1:46.50	2:15.93	40
	1) Nagy, Christopher M36	2) Toggias, Anna W25	3) Orzechowska, Anna W23	4) Krozkin, Gabriel M36	
	1:13.08	2:15.93			

**Event 7 Mixed 120-159 200 LC Meter Medley Relay**

1	NORTH TORONTO MASTE	A-CAN	2:13.00	2:12.63	40
	1) Guzman, Maria W29	2) Sawa, Matt M29	3) Hunter, Ben M29	4) Micheff, Lori Lynn W35	
	1:09.79	2:12.63			
2	DOWNTOWN SWIM CLUB	A-CAN	NT	2:30.68	32
	1) Hoyland, Karen W49	2) Sutcliffe, Jenna W24	3) Lee, Timothy M34	4) Espadas, Paco M34	
	1:24.83	2:30.68			

**All Out Swim 2010 - 17/04/2010****Results - Saturday****(Event 7 Mixed 120-159 200 LC Meter Medley Relay)**

3	ETOBICOKE OLYMPIUM M	A-CAN	2:30.00	2:51.26	30
	1) Shields, Colleen W59	2) Gauthier, Christiane W47	3) Oliveira, Carla W37	4) Dineen, Elizabeth W20	
	1:35.03	2:51.26			

**Event 7 Mixed 160-199 200 LC Meter Medley Relay**

1	ETOBICOKE OLYMPIUM M	C-CAN	NT	2:25.82	40
	1) Dreger, Cameron M35	2) Churcher, Jed M37	3) Macpherson, Michael M46	4) Sorocky, Stephen M50	
	1:20.75	2:25.82			
2	BURLINGTON MASTERS S	A-CAN	2:45.00	2:45.71	34
	1) Ball, Jeff M48	2) Fisher, Jennifer W45	3) Strang, John M45	4) Cowling, Denyse W38	
	1:34.43	2:45.71			
3	NORTH TORONTO MASTE	B-CAN	NT	2:58.76	30
	1) Colgrove, Marlene W51	2) Menary, Susan W50	3) Tome, Chantal W37	4) Dent, Mitch M52	
	1:52.15	2:58.76			

**Event 7 Mixed 200-239 200 LC Meter Medley Relay**

1	AURORA MASTER DUCKS	A-CAN	2:20.00	2:21.18	40
	1) Wilkin, Dave M58	2) Moultray, Elizabeth W50	3) Freeman, David M53	4) Mitchell, Andy M49	
	1:19.29	2:21.18			

**Event 8 Women 25-29 800 LC Meter Freestyle**

NATL: 9:45.03 ! 30/09/1988 BONNIE DURDY EVANS

ON: 9:45.03 \* 30/09/1988 BONNIE DURDY EVANS

1	Togias, Anna	25	ETOBICOKE OLYMPIUM MAS'	11:28.75	11:10.69	20
	1:17.74	2:42.59	4:07.67	5:32.56	6:58.11	8:23.11
						9:47.75
2	Farkas, Jamie	25	AURORA MASTER DUCKS-	13:50.00	14:27.35	17
	1:40.22	3:29.17	5:19.97	7:11.20	9:02.40	10:51.28
						12:41.31
						14:27.35

**Event 8 Women 40-44 800 LC Meter Freestyle**

NATL: 9:53.20 ! 31/10/2002 LYNN MARSHALL

ON: 9:53.20 \* 31/10/2002 LYNN MARSHALL

1	Foster, Kara	41	OANNES SWIM-CAN	17:00.00	17:31.47	20
	1:57.34	4:05.44	6:15.83	8:28.53	10:44.98	13:00.29
						15:17.44
						17:31.47

**Event 8 Women 45-49 800 LC Meter Freestyle**

NATL: 9:40.27 ! 24/02/2008 LYNN MARSHALL

ON: 9:40.27 \* 24/02/2008 LYNN MARSHALL

1	Hoyland, Karen	49	DOWNTOWN SWIM CLUB-CA	12:00.00	12:44.17	20
	1:23.49	2:57.81	4:34.77	6:12.37	7:50.94	9:29.18
						11:07.80
						12:44.17
2	Doucher, Carol Ann	48	AURORA MASTER DUCKS-	14:30.00	14:51.29	17
	1:42.66	3:36.14	5:29.27	7:22.34	9:15.67	11:09.36
						13:02.11
						14:51.29
---	Dhanvantari, Savita	45	LONDON SILVER DOLPHINS M	16:00.00	SCR	

**Event 8 Women 50-54 800 LC Meter Freestyle**

NATL: 10:05.87 ! 27/04/2008 JEANNE CARLSEN

ON: 11:17.52 \* 04/08/2006 JILL VANDERFLEET-SCOTT

1	Guidinger, Jan	51	MAKING WAVES SWIM CLUB-	NT	14:00.94	20
	1:37.64	3:27.29	5:16.63	7:03.85	8:50.72	10:36.34
						12:20.04
						14:00.94

**Event 8 Women 55-59 800 LC Meter Freestyle**

NATL: 11:25.67 ! 30/06/2005 HELLA VERSVELD

ON: 12:47.39 \* 09/05/2004 SUSAN GUSTAVISON

1	Low, Marianne	55	BORDEN ENDUROS ATHLETIC	13:37.00	13:16.89	20
	1:37.92	3:20.21	5:01.81	6:42.62	8:22.52	10:02.58
						11:40.32
						13:16.89
2	Shields, Colleen	59	ETOBICOKE OLYMPIUM MAS'	13:49.00	13:36.29	17
	1:35.45	3:17.30	5:00.89	6:45.12	8:29.34	10:12.67
						11:55.84
						13:36.29

**All Out Swim 2010 - 17/04/2010****Results - Saturday****Event 8 Men 30-34 800 LC Meter Freestyle**

NATL: 9:11.63 ! 31/10/2005 CHRYSTIAN GAUVIN

ON: 9:44.25 \* 30/06/2001 CRAIG MORTIMER

1	Medeiros, Michael	34	TORONTO TRIATHLON SWIM	13:30.00	13:42.18	20
				1:32.14 3:15.03 4:59.89 6:45.10 8:29.94 10:15.03 11:50.21 13:42.18		
2	Mishra, Chetan	32	NORTH TORONTO MASTERS S	15:22.53	16:54.54	17
				1:40.97 3:47.97 6:02.18 8:17.34 10:30.28 12:42.16 14:53.32 16:54.54		

**Event 8 Men 40-44 800 LC Meter Freestyle**

NATL: 9:07.53 ! 30/09/2002 GRAHAM WELBOURN

ON: 9:41.18 \* 04/08/2006 DUNCAN ROSS

1	Meunier, Eric	43	OANNES SWIM-CAN	19:00.00	19:00.63	20
				2:04.26 4:30.11 6:54.80 9:23.08 11:50.39 14:17.52 16:43.80 19:00.63		

**Event 8 Men 45-49 800 LC Meter Freestyle**

NATL: 9:20.16 ! 27/04/2008 LEN GUSHE

ON: 9:20.16 \* 27/04/2008 LEN GUSHE

1	Dennis, Oliver	48	TORONTO TRIATHLON SWIM	12:45.00	12:23.09	20
				1:23.02 2:55.39 4:30.58 6:06.12 7:41.73 9:17.05 10:51.92 12:23.09		
2	Farahani, Mohsen	49	OL'HENRYS MASTERS-CAN	16:00.00	15:39.06	17
				1:44.74 3:43.18 5:42.74 7:42.20 9:42.62 11:41.83 13:42.82 15:39.06		

**Event 8 Men 65-69 800 LC Meter Freestyle**

NATL: 11:32.86 ! 14/08/2008 IVAN PIVOVAROV

ON: 12:17.78 \* 27/04/2008 PAUL LEAMEN

1	Finlay, Bryan	67	LONDON SILVER DOLPHINS M	13:30.00	13:44.66	20
				1:37.89 3:21.51 5:06.90 6:52.20 8:36.11 10:19.57 12:03.58 13:44.66		

**Event 8 Men 70-74 800 LC Meter Freestyle**

NATL: 12:45.90 ! 31/05/1984 NORBERT ARTUS

ON: 13:08.49 \* 31/07/2002 CHRISTOPHER SMITH

1	Lane, Charlie	72	ETOBICOKE OLYMPIUM MAS'	16:00.00	16:06.92	20
				1:50.65 3:49.65 5:51.34 7:55.43 9:58.51 12:02.74 14:06.67 16:06.92		
2	Heard, Ken	72	DOWNTOWN SWIM CLUB-CAI	18:30.00	20:42.67	17
				2:17.17 4:55.15 7:31.79 10:13.51 12:52.93 15:33.43 18:11.68 20:42.67		

**Event 10 Women 18-24 50 LC Meter Backstroke**

NATL: 33.10 ! 31/07/2002 SARAH BAILLIE

ON: 33.10 \* 30/06/2002 SARAH BAILLIE

1	Dineen, Elizabeth	20	ETOBICOKE OLYMPIUM MAS'	37.54	38.51	20
---	Porter, Melinda (Mindy)	22	LONDON SILVER DOLPHINS M	34.00	SCR	

**Event 10 Women 25-29 50 LC Meter Backstroke**

NATL: 31.21 ! 30/06/1986 CHERYL GIBSON

ON: 32.07 \* 30/06/1988 CHERYL GIBSON

1	Guzman, Maria	29	NORTH TORONTO MASTERS S	36.00	37.17	20
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**Event 10 Women 30-34 50 LC Meter Backstroke**

NATL: 30.45 ! 28/06/2008 NADINE ROLLAND

ON: 33.31 \* 22/04/2007 JANET MAYVILLE

1	Kwok, Heather	30	NORTH TORONTO MASTERS S	40.70	39.77	20
2	Fullerton, Christine	32	AURORA MASTER DUCKS-	55.99	52.12	17

**Event 10 Women 35-39 50 LC Meter Backstroke**

NATL: 31.28 ! 15/03/2008 CINDY MABEE

ON: 34.38 \* 31/01/1999 CINDY MORRISON

1	Teague, Melony	39	AURORA MASTER DUCKS-	44.00	45.02	20
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**All Out Swim 2010 - 17/04/2010****Results - Saturday****(Event 10 Women 35-39 50 LC Meter Backstroke)**

2	Hassan, Jana	35	DOWNTOWN SWIM CLUB-CA	NT	46.25	17
3	MacFarlane, Amy	37	DOWNTOWN SWIM CLUB-CA	1:10.57	49.17	16
4	Spicer, Christine	36	AURORA MASTER DUCKS-	52.00	54.51	15
---	Haneberry, Petra	35	BURLINGTON MASTERS SWIM	34.90	NS	

**Event 10 Women 45-49 50 LC Meter Backstroke**

NATL: 33.40 ! 30/06/2005 CATHY SHEEHAN

ON: 35.93 \* 28/06/2009 LYNN MARSHALL

1	Kosac, Marci	46	LONDON SILVER DOLPHINS M	43.00	44.21	20
2	Gauthier, Christiane	47	ETOBICOKE OLYMPIUM MAS	47.00	49.89	17
3	Duckworth, Cheryl	49	AURORA MASTER DUCKS-	54.99	57.62	16
---	Fisher, Jennifer	45	BURLINGTON MASTERS SWIM	58.00	NS	

**Event 10 Women 50-54 50 LC Meter Backstroke**

NATL: 37.11 ! 31/01/2004 LINDA HUNT

ON: 39.28 \* 04/08/2006 JILL VANDERFLEET-SCOTT

1	Weir, Sue	54	TRILLIUM Y MASTERS SWIM	39.30	40.75	20
2	Salmon, Anneke	54	LONDON SILVER DOLPHINS M	41.00	44.54	17
3	Moultray, Elizabeth	50	AURORA MASTER DUCKS-	NT	55.50	16
4	Colgrove, Marlene	51	NORTH TORONTO MASTERS S	NT	1:06.02	15

**Event 10 Women 55-59 50 LC Meter Backstroke**

NATL: 38.36 ! 07/02/2009 LINDA HUNT

ON: 40.15 \* 24/02/2007 CATHY MERRITT

1	Shields, Colleen	59	ETOBICOKE OLYMPIUM MAS	45.00	44.87	20
2	Chappell, Carol	59	AURORA MASTER DUCKS-	1:03.33	1:04.97	17

**Event 10 Women 60-64 50 LC Meter Backstroke**

NATL: 40.09 ! 31/05/2005 BONNIE PRONK

ON: 42.99 \* 30/06/1994 RITA MARKLAND

1	Wilson, Taina	61	NORTH YORK GATORS-CAN	55.00	54.13	20
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**Event 10 Men 18-24 50 LC Meter Backstroke**

NATL: 29.78 ! 28/02/2003 DANIEL VANDENDUNGEN

ON: 30.91 \* 09/05/2004 ROBERT GAROFALO

1	Dotto, Derek	24	DOWNTOWN SWIM CLUB-CA	40.00	41.46	20
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**Event 10 Men 30-34 50 LC Meter Backstroke**

NATL: 28.07 ! 31/07/2000 JARED SCHEFFEL

ON: 28.07 \* 31/07/2000 JARED SCHEFFEL

1	Shamek, Pietucha	34	DOWNTOWN SWIM CLUB-CA	29.50	29.19	20
2	Lee, Timothy	34	DOWNTOWN SWIM CLUB-CA	NT	41.99	17
---	Espadas, Paco	34	DOWNTOWN SWIM CLUB-CA	NT	NS	

**Event 10 Men 35-39 50 LC Meter Backstroke**

NATL: 28.46 ! 02/08/2006 MARK TEWKSBURY

ON: 29.32 \* 31/07/2000 PETER MCKINNON

1	Nagy, Christopher	36	ETOBICOKE OLYMPIUM MAS	32.00	31.43	20
2	Skitch, Jason	39	DOWNTOWN SWIM CLUB-CA	32.16	34.94	17
3	Churcher, Jed	37	ETOBICOKE OLYMPIUM MAS	40.00	38.93	16
4	Yousefi, Mojtaba	36	TRILLIUM Y MASTERS SWIM	40.13	40.77	15

**All Out Swim 2010 - 17/04/2010****Results - Saturday****Event 10 Men 40-44 50 LC Meter Backstroke**

NATL: 29.35 ! 30/04/2004 PETER MCKINNON

ON: 29.35 \* 09/05/2004 PETER MCKINNON

1	Grossi, Geminio	41	DOWNTOWN SWIM CLUB-CA	33.50	33.49	20
2	Nesovic, Jake	43	TRILLIUM Y MASTERS SWIM	34.00	35.29	17
3	Morais, Mark	40	ETOBICOKE OLYMPIUM MAS	42.00	40.68	16
4	O'Keefe, Kevin	43	DOWNTOWN SWIM CLUB-CA	44.41	44.23	15
5	Fung, Albert	44	DOWNTOWN SWIM CLUB-CA	1:15.00	50.37	14

**Event 10 Men 45-49 50 LC Meter Backstroke**

NATL: 29.79 ! 25/04/2009 PETER MCKINNON

ON: 29.79 \* 25/04/2009 PETER MCKINNON

1	Bauer, Don	47	BORDEN ENDUROS ATHLETIC	34.50	34.07	20
2	Ball, Jeff	48	BURLINGTON MASTERS SWIM	34.00	36.62	17
3	Landy, Andrew	48	KINGSTON MASTERS AQUATI	36.04	37.62	16

**Event 10 Men 50-54 50 LC Meter Backstroke**

NATL: 29.95 ! 30/04/2004 JOHN VAN BUUREN

ON: 31.21 \* 23/06/2007 WIESLAW MUSIAL

1	Moultray, Jim	52	AURORA MASTER DUCKS-	40.00	40.01	20
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**Event 10 Men 55-59 50 LC Meter Backstroke**

NATL: 32.33 ! 10/10/2009 JIM MACDONALD

ON: 32.83 \* 22/02/2009 DAVE WILKIN

1	Wilkin, Dave	58	AURORA MASTER DUCKS-	33.00	33.90	20
2	Koert van der Linden, Wouter	55	UNATTACHED ONTARIO-CAN	45.00	45.74	17

**Event 10 Men 60-64 50 LC Meter Backstroke**

NATL: 32.66 ! 10/10/2009 PETER OBRIEN

ON: 36.24 \* 31/07/2000 TOM VERTH

1	Von Zuben, Chuck	61	TRILLIUM Y MASTERS SWIM	40.00	42.49	20
2	Spencer, Doug	62	LONDON SILVER DOLPHINS M	46.00	44.77	17
3	Dunn, Anthony	64	DOWNTOWN SWIM CLUB-CA	1:00.00	54.33	16

**Event 10 Men 65-69 50 LC Meter Backstroke**

NATL: 34.12 ! 24/02/2008 VINUS VAN BAALEN

ON: 37.74 \* 22/07/2006 TOM VERTH

1	Groulx, Patrick	69	ETOBICOKE OLYMPIUM MAS	1:05.00	1:07.04	20
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**Event 10 Men 70-74 50 LC Meter Backstroke**

NATL: 37.88 ! 27/04/2008 TOM VERTH

ON: 37.88 \* 27/04/2008 TOM VERTH

1	Wearing, Joe	74	DOWNTOWN SWIM CLUB-CA	1:00.00	1:02.16	20
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**Event 10 Men 75-79 50 LC Meter Backstroke**

NATL: 42.27 ! 16/08/2008 JOHN GRAVE

ON: 43.14 \* 31/05/1991 HARRY CLASS

---	Milne, George	78	TRILLIUM Y MASTERS SWIM	52.00	SCR	
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**Event 11 Women 18-24 100 LC Meter Butterfly**

NATL: 1:08.02 ! 31/01/1995 ANNE-MARIE THERRIEN

ON: 1:09.69 \* 12/02/2005 STEPHANIE BIGELOW

1	Orzechowska, Anna	23	ETOBICOKE OLYMPIUM MAS	1:15.00	1:17.11	20
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**All Out Swim 2010 - 17/04/2010****Results - Saturday****Event 11 Women 30-34 100 LC Meter Butterfly**

NATL: 1:04.51 ! 31/01/2005 NADINE ROLLAND

ON: 1:07.56 \* 31/01/2006 CINDY BERTELINK

--- Kerr, Jenn 31 BURLINGTON MASTERS SWIM 1:15.00 NS

**Event 11 Women 35-39 100 LC Meter Butterfly**

NATL: 1:03.52 ! 27/04/2008 MELANIA BUSSIÈRE

ON: 1:08.48 \* 30/04/1996 LYNN MARSHALL

1	Vasilescu, Alina	39	NEWMARKET MASTERS SWIM	1:25.28	1:26.61	20
2	Cowling, Denyse	38	BURLINGTON MASTERS SWIM	1:35.00	1:38.40	17
---	Chiki, Colleen	37	BURLINGTON MASTERS SWIM	1:18.50	NS	

**Event 11 Women 50-54 100 LC Meter Butterfly**

NATL: 1:15.89 ! 07/06/2009 JEANNE CARLSEN

ON: 1:26.67 \* 11/02/2006 PEGGY BAXTER

1 Baker, Tracey 50 LONDON SILVER DOLPHINS M 1:40.00 1:39.05 20

**Event 11 Men 25-29 100 LC Meter Butterfly**

NATL: 57.59 ! 28/02/2002 PHILIPPE POMINVILLE

ON: 1:00.31 \* 31/07/1985 SIMON MEREDITH

1	Hunter, Ben	29	NORTH TORONTO MASTERS S	1:10.00	1:11.89	20
2	Beck, Corey	28	OHIO SPLASH-USA	1:22.00	1:26.55	17

**Event 11 Men 35-39 100 LC Meter Butterfly**

NATL: 58.85 ! 30/04/2004 BARRY SARETSKY

ON: 59.70 \* 30/06/1994 DAN THOMPSON

---	Lau, Calvin	35	TRILLIUM Y MASTERS SWIM	1:10.00	NS	
---	Milankov, Steve	37	TEAM NEW YORK AQUATICS-	1:18.21	NS	

**Event 11 Men 40-44 100 LC Meter Butterfly**

NATL: 1:01.00 ! 30/04/2004 STEVEN STOTHERS

ON: 1:03.24 \* 31/03/2002 DAVID TOWN

1	Mitchell, Adrian	42	DOWNTOWN SWIM CLUB-CA	1:15.00	1:15.72	20
---	Christofferson, Jeff	43	LONDON SILVER DOLPHINS M	1:06.25	NS	

**Event 11 Men 45-49 100 LC Meter Butterfly**

NATL: 1:05.00 ! 06/02/2010 PABLO CONDE

ON: 1:05.41 \* 25/04/2009 DAVE TOWN

1	Macpherson, Michael	46	ETOBICOKE OLYMPIUM MAS'	1:11.00	1:13.66	20
2	Mateer, Glen	49	TRILLIUM Y MASTERS SWIM	1:20.00	1:17.80	17
3	Castonguay, Guy	47	DOWNTOWN SWIM CLUB-CA	1:23.00	1:29.87	16
---	Strang, John	45	BURLINGTON MASTERS SWIM	1:25.00	NS	

**Event 11 Men 55-59 100 LC Meter Butterfly**

NATL: 1:05.95 ! 24/02/2008 DAVE DICKSON

ON: 1:10.21 \* 28/02/2002 CLAUS KOCH

1	Lindquist, Les	59	AURORA MASTER DUCKS-CA	1:50.00	1:41.72	20
				29.37 29.36	1:41.72	

**Event 11 Men 70-74 100 LC Meter Butterfly**

NATL: 1:40.40 ! 28/02/2001 MIKE TORSNEY

ON: 1:40.40 \* 28/02/2001 MIKE TORSNEY

1	Nomura, Yoshi	73	TORONTO MASTERS OF THE	2:46.52	2:53.66	20
				34.99 35.24	2:53.66	

**All Out Swim 2010 - 17/04/2010****Results - Saturday****Event 11 Men 75-79 100 LC Meter Butterfly**

NATL: 1:53.65 ! 30/06/2005 MIKE TORSNEY

ON: 1:53.37 \* 06/03/2005 MIKE TORSNEY

1	Henne, Wally	75	TRILLIUM Y MASTERS SWIM	1:55.00	1:57.41	20
	31.64	31.62	1:57.41			

**Event 12 Women 18-24 50 LC Meter Freestyle**

NATL: 28.66 ! 17/04/2009 JOANNIE BROUILLARD

ON: 29.66 \* 31/01/1999 RACHEL KITSON

1	Palmer, Serena	21	CANADIAN FORCES MASTERS	28.90	29.83	20
2	Orzechowska, Anna	23	ETOBICOKE OLYMPIUM MAS	31.00	32.84	17
3	Couturier, Shona	20	CANADIAN FORCES MASTERS	32.22	33.10	16
---	Porter, Melinda (Mindy)	22	LONDON SILVER DOLPHINS M	29.50	SCR	

**Event 12 Women 25-29 50 LC Meter Freestyle**

NATL: 27.78 ! 31/03/2002 JANET MAYVILLE

ON: 27.78 \* 31/03/2002 JANET MAYVILLE

1	Togias, Anna	25	ETOBICOKE OLYMPIUM MAS	31.00	32.83	20
2	Guzman, Maria	29	NORTH TORONTO MASTERS S	32.50	32.87	17
3	Farkas, Jamie	25	AURORA MASTER DUCKS-	39.50	41.49	16

**Event 12 Women 30-34 50 LC Meter Freestyle**

NATL: 26.95 ! 31/01/2005 NADINE ROLLAND

ON: 27.14 \* 10/10/2005 JANET MAYVILLE

1	Kwok, Heather	30	NORTH TORONTO MASTERS S	33.40	34.03	20
---	Fullerton, Christine	32	AURORA MASTER DUCKS-	43.99	NS	

**Event 12 Women 35-39 50 LC Meter Freestyle**

NATL: 27.61 ! 27/04/2008 MELANIA BUSSIÈRE

ON: 28.16 \* 04/08/2006 JULIA FREIXA

1	Hassan, Jana	35	DOWNTOWN SWIM CLUB-CAI	NT	40.90	20
2	Spicer, Christine	36	AURORA MASTER DUCKS-	45.00	43.56	17
3	Ritter, Terri	39	ETOBICOKE OLYMPIUM MAS	55.00	44.92	16
---	Chiki, Colleen	37	BURLINGTON MASTERS SWIM	33.50	NS	
---	Cowling, Denyse	38	BURLINGTON MASTERS SWIM	35.00	NS	
---	Haneberry, Petra	35	BURLINGTON MASTERS SWIM	30.60	NS	

**Event 12 Women 45-49 50 LC Meter Freestyle**

NATL: 27.94 ! 30/06/2005 SARAH MACDONALD

ON: 29.67 \* 21/06/2008 LYNN MARSHALL

1	Gauthier, Christiane	47	ETOBICOKE OLYMPIUM MAS	40.00	41.49	20
2	Duckworth, Cheryl	49	AURORA MASTER DUCKS-	41.20	41.50	17
3	Brankovsky, Martina	49	NORTH YORK GATORS-CAN	42.80	42.81	16
---	Fisher, Jennifer	45	BURLINGTON MASTERS SWIM	50.00	NS	
---	Keenan, Amanda	47	DOWNTOWN SWIM CLUB-CAI	55.00	NS	
---	Clark, Diane	48	AURORA MASTER DUCKS-	39.00	NS	
---	Dhanvantari, Savita	45	LONDON SILVER DOLPHINS M	38.00	SCR	

**Event 12 Women 50-54 50 LC Meter Freestyle**

NATL: 28.41 ! 20/02/2010 SARAH MACDONALD

ON: 30.17 \* 18/04/2004 MICAELA VON RICHTHOFEN

1	Weir, Sue	54	TRILLIUM Y MASTERS SWIM	32.70	34.57	20
2	Iannucci, Judy	54	AURORA MASTER DUCKS-	34.00	35.01	17
3	Mitchell, Janet	50	AURORA MASTER DUCKS-	36.00	35.03	16
4	Guidinger, Jan	51	MAKING WAVES SWIM CLUB-	36.00	36.85	15

**All Out Swim 2010 - 17/04/2010****Results - Saturday****(Event 12 Women 50-54 50 LC Meter Freestyle)**

5	Moultray, Elizabeth	50	AURORA MASTER DUCKS-	NT	42.07	14
6	Colgrove, Marlene	51	NORTH TORONTO MASTERS S	45.00	48.35	13
---	Salmon, Anneke	54	LONDON SILVER DOLPHINS M	40.00	NS	

**Event 12 Women 55-59 50 LC Meter Freestyle**

NATL: 32.29 ! 24/02/2008 CATHY MERRITT

ON: 32.29 \* 24/02/2008 CATHY MERRITT

1	Low, Marianne	55	BORDEN ENDUROS ATHLETIC	38.00	39.97	20
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**Event 12 Women 60-64 50 LC Meter Freestyle**

NATL: 32.62 ! 31/05/2004 GEORGINA LOPEZ

ON: 35.47 \* 31/01/1998 VIRGINIA RIDPATH

1	Wilson, Taina	61	NORTH YORK GATORS-CAN	45.00	45.37	20
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**Event 12 Men 18-24 50 LC Meter Freestyle**

NATL: 25.24 ! 31/10/2005 DAVID MORIN

ON: 25.25 \* 09/05/2004 ROBERT GAROFALO

---	Dotto, Derek	24	DOWNTOWN SWIM CLUB-CAI	33.00	NS	
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**Event 12 Men 25-29 50 LC Meter Freestyle**

NATL: 24.15 ! 30/06/2005 JONATHAN MILLER

ON: 24.96 \* 31/05/1993 PETER MCKINNON

1	Hunter, Ben	29	NORTH TORONTO MASTERS S	28.00	29.38	20
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**Event 12 Men 30-34 50 LC Meter Freestyle**

NATL: 24.42 ! 30/04/2004 DEAN KONDZIOLKA

ON: 25.11 \* 30/06/1994 PETER MCKINNON

1	Shamek, Pietucha	34	DOWNTOWN SWIM CLUB-CAI	27.00	26.02	20
2	Avrahami, Dan	30	NORTH TORONTO MASTERS S	30.00	30.57	17
3	Sari, Florent	32	DOWNTOWN SWIM CLUB-CAI	29.65	30.82	16
4	Espadas, Paco	34	DOWNTOWN SWIM CLUB-CAI	32.00	32.09	15
5	Lee, Timothy	34	DOWNTOWN SWIM CLUB-CAI	NT	32.70	14
6	Smith, Jason	33	BURLINGTON MASTERS SWIM	32.00	33.03	13
7	McMahon, Tadhg	33	TRILLIUM Y MASTERS SWIM	32.70	33.34	12
8	Mishra, Chetan	32	NORTH TORONTO MASTERS S	44.62	39.72	11
9	Tona, Lionel	33	DOWNTOWN SWIM CLUB-CAI	45.00	42.46	9

**Event 12 Men 35-39 50 LC Meter Freestyle**

NATL: 24.88 ! 18/04/2009 MARTIN LEVINE

ON: 25.23 \* 30/06/2002 JF HARVEY

1	Nagy, Christopher	36	ETOBICOKE OLYMPIUM MAS'	27.00	26.33	20
2	Skitch, Jason	39	DOWNTOWN SWIM CLUB-CAI	28.13	27.72	17
3	Krozkin, Gabriel	36	ETOBICOKE OLYMPIUM MAS'	29.00	28.11	16
4	Clarke, Kristian	38	DOWNTOWN SWIM CLUB-CAI	32.00	30.26	15
5	Yousefi, Mojtaba	36	TRILLIUM Y MASTERS SWIM	30.10	31.12	14
6	Churcher, Jed	37	ETOBICOKE OLYMPIUM MAS'	32.50	32.98	13
7	Jarvis, Ossie	35	DOWNTOWN SWIM CLUB-CAI	NT	33.76	12
8	Reyes, Victor	37	DOWNTOWN SWIM CLUB-CAI	NT	43.20	11
---	Lau, Calvin	35	TRILLIUM Y MASTERS SWIM	27.50	NS	
---	Bagley, Brian	37	DOWNTOWN SWIM CLUB-CAI	40.00	NS	

**All Out Swim 2010 - 17/04/2010****Results - Saturday****Event 12 Men 40-44 50 LC Meter Freestyle**

NATL: 25.34 ! 03/02/2007 HÉBERT HENRY

ON: 25.40 \* 15/10/2005 BRIAN HASAGAWA

1	Morais, Mark	40	ETOBICOKE OLYMPIUM MAS'	35.00	35.50	20
2	Pacheco, Allan	43	DOWNTOWN SWIM CLUB-CA]	1:00.00	44.21	17
---	Grossi, Geminio	41	DOWNTOWN SWIM CLUB-CA]	28.00	DQ	
	False start					
---	Wheeler, Garry	44	ETOBICOKE OLYMPIUM MAS'	1:05.00	NS	

**Event 12 Men 45-49 50 LC Meter Freestyle**

NATL: 25.96 ! 17/08/2008 BRIAN HASEGAWA

ON: 25.96 \* 17/08/2008 BRIAN HASEGAWA

1	McKinnon, Peter	46	ORILLIA OLD POOPS SWIMMI	26.00	26.13	20
2	O'Shaughnessy, Christopher	45	DOWNTOWN SWIM CLUB-CA]	28.20	28.00	17
3	Landy, Andrew	48	KINGSTON MASTERS AQUATI	29.18	29.86	16
4	Bauer, Don	47	BORDEN ENDUROS ATHLETIC	29.80	30.03	15
5	Mitchell, Andy	49	AURORA MASTER DUCKS-	31.00	30.63	14
6	Becket, David	48	DOWNTOWN SWIM CLUB-CA]	33.00	30.93	13
7	Dennis, Oliver	48	TORONTO TRIATHLON SWIM	36.00	31.04	12
8	Belcher, Tony	49	DOWNTOWN SWIM CLUB-CA]	37.00	31.65	11
9	McCracken, Allan	49	DOWNTOWN SWIM CLUB-CA]	36.95	36.49	9
10	Huynh, Antoine	45	DOWNTOWN SWIM CLUB-CA]	40.00	37.82	7
11	Ormston, James	48	DOWNTOWN SWIM CLUB-CA]	1:00.00	40.11	6

**Event 12 Men 50-54 50 LC Meter Freestyle**

NATL: 26.79 ! 31/05/1993 VINUS VAN BAALEN

ON: 26.79 \* 31/05/1993 VINUS VAN BAALEN

1	Sarchuk, Alex	50	TORONTO TRIATHLON SWIM	29.00	28.31	20
2	Dent, Mitch	52	NORTH TORONTO MASTERS S	30.50	29.50	17
3	Thurlbeck, Gregg	52	ALDERWOOD TEDDY BARES-	33.00	31.48	16
4	Sorocky, Stephen	50	ETOBICOKE OLYMPIUM MAS'	33.00	34.22	15
---	Gilbert, Nicholas	54	LONDON SILVER DOLPHINS M	30.00	NS	
---	Hogg, Gord	54	NORTH TORONTO MASTERS S	30.00	NS	

**Event 12 Men 55-59 50 LC Meter Freestyle**

NATL: 27.45 ! 27/04/2008 DAVE WILKIN

ON: 27.47 \* 17/02/2007 DAVE WILKIN

1	Wilkin, Dave	58	AURORA MASTER DUCKS-	27.80	29.11	20
2	Shulman, Geoff	56	TORONTO MASTERS OF THE U	30.00	30.47	17
3	Charlton, Peter	55	DOWNTOWN SWIM CLUB-CA]	30.00	33.16	16
4	Koert van der Linden, Wouter	55	UNATTACHED ONTARIO-CAN	35.00	33.56	15
5	Malcolm, Bill	57	UNATTACHED-USA	44.99	38.68	14
6	Starr, Michael	56	DOWNTOWN SWIM CLUB-CA]	50.00	45.53	13

**Event 12 Men 60-64 50 LC Meter Freestyle**

NATL: 27.80 ! 31/07/2002 IAN SMITH

ON: 28.78 \* 31/07/2003 PETER STRAKA

1	Von Zuben, Chuck	61	TRILLIUM Y MASTERS SWIM	32.00	34.09	20
2	Spencer, Doug	62	LONDON SILVER DOLPHINS M	36.50	35.32	17

**Event 12 Men 65-69 50 LC Meter Freestyle**

NATL: 27.50 ! 18/04/2009 IAN SMITH

ON: 29.83 \* 27/04/2008 PETER STRAKA

1	Groulx, Patrick	69	ETOBICOKE OLYMPIUM MAS'	50.00	54.10	20
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**All Out Swim 2010 - 17/04/2010****Results - Saturday****Event 13 Women 18-24 100 LC Meter Breaststroke**

NATL: 1:21.31 ! 17/04/2009 ALEXANDRA NANTEL-SOUCY

ON: 1:23.96 \* 31/01/1997 SUSAN MYSKO

1	Palmer, Serena	21	CANADIAN FORCES MASTER'S	1:22.50	1:25.45	20
2	Sutcliffe, Jenna	24	DOWNTOWN SWIM CLUB-CA	1:35.00	1:36.91	17
3	Couturier, Shona	20	CANADIAN FORCES MASTER'S	1:33.22	1:38.72	16

**Event 13 Women 30-34 100 LC Meter Breaststroke**

NATL: 1:19.34 ! 17/04/2009 NANCY THIBAUT

ON: 1:10.70 \* 27/02/2005 JANET MAYVILLE

1	DiFilippo, Jennifer	34	DOWNTOWN SWIM CLUB-CA	1:50.00	1:41.34	20
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**Event 13 Women 35-39 100 LC Meter Breaststroke**

NATL: 1:22.00 ! 31/03/1984 YVONNE CATTRALL

ON: 1:22.00 \* 31/03/1984 YVONNE CATTRALL

1	Tome, Chantal	37	NORTH TORONTO MASTERS S	1:38.00	1:40.61	20
2	Sedgewick, Shauna	37	AURORA MASTER DUCKS-	1:40.00	1:43.29	17
3	Teague, Melony	39	AURORA MASTER DUCKS-	NT	1:53.63	16
	29.59 29.78 1:53.63					
---	Haneberry, Petra	35	BURLINGTON MASTERS SWIM	1:30.50	NS	
---	Spicer, Christine	36	AURORA MASTER DUCKS-	2:10.00	SCR	

**Event 13 Women 45-49 100 LC Meter Breaststroke**

NATL: 1:22.46 ! 05/08/2006 SARAH MACDONALD

ON: 1:26.73 \* 31/07/1996 YVONNE CATTRALL

1	Doucher, Carol Ann	48	AURORA MASTER DUCKS-	1:40.00	1:42.23	20
2	Brankovsky, Martina	49	NORTH YORK GATORS-CAN	1:45.30	1:44.48	17
3	Kosac, Marci	46	LONDON SILVER DOLPHINS M	1:42.00	1:57.29	16
---	Keenan, Amanda	47	DOWNTOWN SWIM CLUB-CA	2:15.00	NS	
	26.45 26.56					
---	Jacob, Casey	45	AURORA MASTER DUCKS-	1:31.65	SCR	

**Event 13 Women 50-54 100 LC Meter Breaststroke**

NATL: 1:23.67 ! 05/08/2006 AVILA RHODES

ON: 1:30.62 \* 12/02/2005 CATHERINE MERRITT

1	Hall, Dorothy	53	AURORA MASTER DUCKS-	1:47.00	1:46.07	20
---	Eberhard, Jeanette	53	LONDON SILVER DOLPHINS M	1:43.10	SCR	

**Event 13 Women 55-59 100 LC Meter Breaststroke**

NATL: 1:29.11 ! 31/07/1999 BONNIE PRONK

ON: 1:30.49 \* 27/02/2005 YVONNE CATTRALL

1	McTavish, Sandra	55	LONDON SILVER DOLPHINS M	1:39.57	1:41.44	20
---	Low, Marianne	55	BORDEN ENDUROS ATHLETIC	1:52.00	NS	

**Event 13 Men 30-34 100 LC Meter Breaststroke**

NATL: 1:06.91 ! 31/01/2000 JON CLEVELAND

ON: 1:06.91 \* 31/01/2000 JON CLEVELAND

1	Sari, Florent	32	DOWNTOWN SWIM CLUB-CA	1:45.00	1:40.56	20
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**Event 13 Men 35-39 100 LC Meter Breaststroke**

NATL: 1:11.12 ! 30/06/1994 DOUG VANDERBY

ON: 1:11.12 \* 30/06/1994 DOUG VANDERBY

1	Clarke, Kristian	38	DOWNTOWN SWIM CLUB-CA	1:30.00	1:28.01	20
2	Chang, Simon	35	ETOBICOKE OLYMPIUM MAS'	1:45.00	1:37.91	17

**All Out Swim 2010 - 17/04/2010****Results - Saturday****Event 13 Men 40-44 100 LC Meter Breaststroke**

NATL: 1:11.72 ! 05/08/2006 MARCO VEILLEUX

ON: 1:12.10 \* 04/08/2006 BRIAN HASEGAWA

1 Cupidio, Chris 42 BEACH BARRACUDAS-CAN 1:25.00 1:28.57 20

**Event 13 Men 45-49 100 LC Meter Breaststroke**

NATL: 1:11.28 ! 16/08/2008 BRIAN HASEGAWA

ON: 1:11.28 \* 16/08/2008 BRIAN HASEGAWA

1 Williamson, Matthew 46 TRILLIUM Y MASTERS SWIM 1:15.00 1:14.35 20  
 2 Oliver, Eric 47 AURORA MASTER DUCKS- 1:29.00 1:29.65 17  
 3 Leger, Tom 49 AURORA MASTER DUCKS- 1:34.00 1:36.60 16  
 4 Huynh, Antoine 45 DOWNTOWN SWIM CLUB-CA 1:40.00 1:44.53 15  
 5 Lam, Ernie 47 DOWNTOWN SWIM CLUB-CA 1:45.00 1:45.36 14  
 --- Harvey, John 45 DOWNTOWN SWIM CLUB-CA 1:37.34 NS

**Event 13 Men 50-54 100 LC Meter Breaststroke**

NATL: 1:15.75 ! 25/04/2009 DAVE FREEMAN

ON: 1:15.75 \* 25/04/2009 DAVE FREEMAN

1 Freeman, David 53 AURORA MASTER DUCKS- 1:16.00 1:16.45 20  
 --- Coupal, Phillip 54 DOWNTOWN SWIM CLUB-CA 2:30.00 NS  
 28.26 28.39

**Event 13 Men 55-59 100 LC Meter Breaststroke**

NATL: 1:21.80 ! 31/01/2005 ROBERT STODDART

ON: 1:21.80 \* 27/02/2005 ROB STODDART

--- Charlton, Peter 55 DOWNTOWN SWIM CLUB-CA 1:38.00 NS

**Event 13 Men 60-64 100 LC Meter Breaststroke**

NATL: 1:25.37 ! 24/02/2008 ERIC THOMSON

ON: 1:25.37 \* 24/02/2008 ERIC THOMSON

1 Spencer, Doug 62 LONDON SILVER DOLPHINS M 1:46.00 1:46.88 20  
 2 Dunn, Anthony 64 DOWNTOWN SWIM CLUB-CA 2:10.00 2:05.25 17  
 26.17 26.22 2:05.25  
 --- Gaffield, Gary 60 DISTRICT OF COLUMBIA AQU 1:43.41 NS

**Event 13 Men 65-69 100 LC Meter Breaststroke**

NATL: 1:24.97 ! 27/04/2008 ERIK HAITES

ON: 1:24.97 \* 27/04/2008 ERIK HAITES

1 Haites, Erik 67 TORONTO ATHLETIC CLUB-C 1:30.00 1:29.06 20  
 2 Finlay, Bryan 67 LONDON SILVER DOLPHINS M 1:38.00 1:37.97 17  
 --- Groulx, Patrick 69 ETOBICOKE OLYMPIUM MAS 2:15.00 DQ

Leg Movements not always simultaneous and in horizontal plane

**Event 13 Men 70-74 100 LC Meter Breaststroke**

NATL: 1:28.27 ! 31/03/2005 PETER BELL

ON: 1:40.17 \* 22/07/2006 WALLY HENNE

1 Wearing, Joe 74 DOWNTOWN SWIM CLUB-CA 2:25.00 2:30.51 20  
 29.28 29.27 2:30.51

**Event 13 Men 75-79 100 LC Meter Breaststroke**

NATL: 1:48.71 ! 31/01/1999 JACQUES AMYOT

ON: 1:50.82 \* 31/07/2006 TED ROACH

1 Henne, Wally 75 TRILLIUM Y MASTERS SWIM 1:48.00 1:47.68! 20

**All Out Swim 2010 - 17/04/2010****Results - Saturday****Event 14 Women 120-159 200 LC Meter Freestyle Relay**

1	DOWNTOWN SWIM CLUB	F-CAN	NT	2:29.47	40
	1) DiFilippo, Jennifer W34	2) Sutcliffe, Jenna W24	3) Hoyland, Karen W49	4) Hassan, Jana W35	
	1:16.79	2:29.47			

**Event 14 Men 120-159 200 LC Meter Freestyle Relay**

1	DOWNTOWN SWIM CLUB	F-CAN	NT	1:58.73	40
	1) Becket, David M48	2) Sari, Florent M32	3) Sinclair, Andy M38	4) Shamek, Pietucha M34	
	1:02.70	1:58.73			
2	DOWNTOWN SWIM CLUB	G-CAN	NT	2:35.76	34
	1) Fung, Albert M44	2) Dotto, Derek M24	3) Tona, Lionel M33	4) Espadas, Paco M34	
	1:20.48	2:35.76			

**Event 14 Men 160-199 200 LC Meter Freestyle Relay**

1	DOWNTOWN SWIM CLUB	A-CAN	NT	1:54.78	40
	1) O'Shaughnessy, Christopher	2) Bianchini, Eric M39	3) Mitchell, Adrian M42	4) Grossi, Geminio M41	
	56.27	1:54.78			
2	DOWNTOWN SWIM CLUB	B-CAN	NT	2:12.28	34
	1) Charlton, Peter M55	2) Clarke, Kristian M38	3) Castonguay, Guy M47	4) Ball, Jeff M48	
	1:07.90	2:12.28			
3	DOWNTOWN SWIM CLUB	E-CAN	NT	2:33.34	32
	1) Huynh, Antoine M45	2) McCracken, Allan M49	3) Lam, Ernie M47	4) Reyes, Victor M37	
	1:12.71	2:33.34			
4	DOWNTOWN SWIM CLUB	C-CAN	NT	2:36.54	30
	1) Ormston, James M48	2) Pacheco, Allan M43	3) O'Keefe, Kevin M43	4) Lee, Timothy M34	
	1:25.42	2:36.54			

**Event 14 Men 240-279 200 LC Meter Freestyle Relay**

1	DOWNTOWN SWIM CLUB	H-CAN	NT	3:17.52	40
	1) Wearing, Joe M74	2) Starr, Michael M56	3) Heard, Ken M72	4) Smith, Dean M55	
	1:45.27	3:17.52			

**Event 14 Mixed 100-119 200 LC Meter Freestyle Relay**

1	ETOBICOKE OLYMPIUM N	A-CAN	1:46.50	1:59.84	40
	1) Krozkin, Gabriel M36	2) Toghias, Anna W25	3) Orzechowska, Anna W23	4) Nagy, Christopher M36	
	1:01.25	1:59.84			

**Event 14 Mixed 120-159 200 LC Meter Freestyle Relay**

1	DOWNTOWN SWIM CLUB	M-CAN	NT	2:28.63	40
	1) Foster, Kara W41	2) Jarvis, Ossie M35	3) MacFarlane, Amy W37	4) Skitch, Jason M39	
	1:23.86	2:28.63			

**Event 14 Mixed 160-199 200 LC Meter Freestyle Relay**

1	ETOBICOKE OLYMPIUM N	B-CAN	3:55.00	2:22.91	40
	1) Macpherson, Michael M46	2) Sorocky, Stephen M50	3) Morais, Mark M40	4) Chang, Simon M35	
	1:08.76	2:22.91			

**Event 15 Women 30-34 400 LC Meter Freestyle**

NATL: 4:33.22 ! 30/06/1992 LYNN MARSHALL

ON: 4:33.22 \* 30/06/1992 LYNN MARSHALL

1	Bayne, Kate	32	AURORA MASTER DUCKS-	6:09.99	5:59.47	20
	1:25.58	2:58.76	4:31.44	5:59.47		

**Event 15 Women 35-39 400 LC Meter Freestyle**

NATL: 4:39.70 ! 30/04/1996 LYNN MARSHALL

ON: 4:39.70 \* 30/04/1996 LYNN MARSHALL

1	MacFarlane, Amy	37	DOWNTOWN SWIM CLUB-CA	7:02.98	6:45.73	20
	1:32.67	3:16.13	5:01.44	6:45.73		

**All Out Swim 2010 - 17/04/2010****Results - Saturday****(Event 15 Women 35-39 400 LC Meter Freestyle)**

2	Sedgewick, Shauna	37	AURORA MASTER DUCKS-	6:50.00	6:46.65	17
	1:36.12	3:21.75	5:06.21	6:46.65		

**Event 15 Women 45-49 400 LC Meter Freestyle**

**NATL: 4:42.52 ! 30/06/2007 LYNN MARSHALL**

**ON: 4:42.52 \* 30/06/2007 LYNN MARSHALL**

1	Hoyland, Karen	49	DOWNTOWN SWIM CLUB-CA	6:00.00	6:10.84	20
	1:26.28	3:01.53	4:37.89	6:10.84		
2	Corso, Terri	47	AURORA MASTER DUCKS-	6:20.00	6:28.95	17
	1:30.93	3:12.47	4:53.62	6:28.95		
3	Gauthier, Christiane	47	ETOBICOKE OLYMPIUM MAS'	6:50.00	6:49.79	16
	1:35.00	3:19.32	5:04.92	6:49.79		

**Event 15 Women 50-54 400 LC Meter Freestyle**

**NATL: 4:57.20 ! 27/04/2008 JEANNE CARLSEN**

**ON: 5:32.21 \* 04/08/2006 JILL VANDERFLEET-SCOTT**

1	Guidinger, Jan	51	MAKING WAVES SWIM CLUB-	6:25.00	6:42.72	20
	1:33.92	3:20.28	5:04.09	6:42.72		

**Event 15 Men 25-29 400 LC Meter Freestyle**

**NATL: 4:14.55 ! 30/06/2007 JOHN CALNAN**

**ON: 4:14.55 \* 30/06/2007 JOHN CALNAN**

1	Beck, Corey	28	OHIO SPLASH-USA	5:59.00	5:49.68	20
	1:20.18	2:49.38	4:20.01	5:49.68		

**Event 15 Men 30-34 400 LC Meter Freestyle**

**NATL: 4:25.72 ! 31/10/2005 CHRYSTIAN GAUVIN**

**ON: 4:31.23 \* 31/07/1988 BRUCE ROGERS**

1	Smith, Jason	33	BURLINGTON MASTERS SWIM	6:00.00	6:08.73	20
	1:25.17	3:00.49	4:37.95	6:08.73		
2	Medeiros, Michael	34	TORONTO TRIATHLON SWIM	6:05.00	6:41.45	17
	1:31.35	3:13.71	4:57.84	6:41.45		
---	Mishra, Chetan	32	NORTH TORONTO MASTERS S	7:34.17	NS	

**Event 15 Men 35-39 400 LC Meter Freestyle**

**NATL: 4:34.49 ! 30/04/2004 DANNY FINCH**

**ON: 4:34.49 \* 21/05/2004 DANNY FINCH**

1	Lau, Calvin	35	TRILLIUM Y MASTERS SWIM	5:15.00	5:12.83	20
	1:13.68	2:33.06	3:53.78	5:12.83		
2	Bianchini, Eric	39	DOWNTOWN SWIM CLUB-CA	5:53.53	5:54.37	17
	1:22.06	2:53.17	4:26.23	5:54.37		
3	Pettit, Ric	35	TORONTO MASTERS OF THE	6:45.00	6:12.00	16
	1:22.63	2:56.49	4:33.92	6:12.00		
4	Chang, Simon	35	ETOBICOKE OLYMPIUM MAS'	7:45.00	7:48.09	15
	1:47.96	3:47.78	5:48.78	7:48.09		

**Event 15 Men 40-44 400 LC Meter Freestyle**

**NATL: 4:22.55 ! 30/09/2002 GRAHAM WELBOURN**

**ON: 4:41.18 \* 04/08/2006 DUNCAN ROSS**

1	Nesovic, Jake	43	TRILLIUM Y MASTERS SWIM	5:10.00	5:21.59	20
	1:15.12	2:37.76	3:59.38	5:21.59		

**All Out Swim 2010 - 17/04/2010****Results - Saturday****Event 15 Men 45-49 400 LC Meter Freestyle**

NATL: 4:25.90 ! 10/08/2006 GRAHAM WELBOURN

ON: 4:43.46 \* 28/02/2002 WIESLAW MUSIAL

1	Macpherson, Michael	46	ETOBICOKE OLYMPIUM MAS'	5:00.00	5:14.97	20
				1:15.51 2:37.83 4:00.22 5:14.97		
2	Dennis, Oliver	48	TORONTO TRIATHLON SWIM	6:00.00	5:53.78	17
				1:21.30 2:52.16 4:24.48 5:53.78		

**Event 15 Men 50-54 400 LC Meter Freestyle**

NATL: 4:43.20 ! 07/03/2009 GLENN CARLSEN

ON: 4:51.51 \* 02/10/2008 WIESLAW MUSIAL

1	Thurlbeck, Gregg	52	ALDERWOOD TEDDY BARES-	6:36.26	6:12.55	20
				1:27.40 3:03.41 4:39.04 6:12.55		
2	Sorocky, Stephen	50	ETOBICOKE OLYMPIUM MAS'	7:00.00	7:02.93	17
				1:34.31 3:23.37 5:13.68 7:02.93		
---	Gilbert, Nicholas	54	LONDON SILVER DOLPHINS M	6:00.00	NS	

**Event 15 Men 55-59 400 LC Meter Freestyle**

NATL: 4:46.85 ! 10/08/2006 RONALD ARMSTRONG

ON: 4:46.85 \* 04/08/2006 RON ARMSTRONG

1	Starr, Michael	56	DOWNTOWN SWIM CLUB-CAI	9:50.00	9:15.51	20
				1:59.74 4:24.06 6:50.98 9:15.51		

**Event 15 Men 60-64 400 LC Meter Freestyle**

NATL: 5:28.11 ! 20/02/2010 RICHARD ZAJCHOWSKI

ON: 5:52.30 \* 31/05/1993 GEORGE MILNE

---	Dunn, Anthony	64	DOWNTOWN SWIM CLUB-CAI	8:00.00	NS	
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**Event 15 Men 65-69 400 LC Meter Freestyle**

NATL: 5:32.16 ! 27/04/2008 IVAN PIVOVAROV

ON: 5:48.14 \* 27/04/2008 PAUL LEAMEN

1	Groulx, Patrick	69	ETOBICOKE OLYMPIUM MAS'	9:00.00	11:09.37	20
				2:24.96 5:31.21 8:32.24 11:09.37		

**Event 15 Men 70-74 400 LC Meter Freestyle**

NATL: 6:15.02 ! 28/02/2002 CHRISTOPHER SMITH

ON: 6:15.02 \* 28/02/2002 CHRISTOPHER SMITH

1	Heard, Ken	72	DOWNTOWN SWIM CLUB-CAI	8:47.00	11:07.40	20
				2:39.61 5:32.00 8:31.78 11:07.40		

**Event 15 Men 75-79 400 LC Meter Freestyle**

NATL: 6:45.02 ! 27/04/2008 CHRIS SMITH

ON: 6:45.02 \* 27/04/2008 CHRIS SMITH

1	Henne, Wally	75	TRILLIUM Y MASTERS SWIM	7:10.00	7:22.62	20
				1:45.75 3:40.09 5:34.12 7:22.62		

**Event 92 Women 18-24 200 LC Meter Backstroke**

NATL: 2:39.23 ! 31/07/2002 SARAH BAILLIE

ON: 2:39.23 \* 31/01/1998 SARAH BAILLIE

1	Dineen, Elizabeth	20	ETOBICOKE OLYMPIUM MAS'	2:55.34	2:59.95	20
				1:27.13 2:59.95		

**Event 92 Women 30-34 200 LC Meter Backstroke**

NATL: 2:32.55 ! 30/04/2002 CINDY RADFORD

ON: 2:36.31 \* 31/05/1993 LYNN MARSHALL

---	Kerr, Jenn	31	BURLINGTON MASTERS SWIM	2:40.00	NS	
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**All Out Swim 2010 - 17/04/2010****Results - Saturday****Event 92 Women 35-39 200 LC Meter Backstroke**

NATL: 2:29.42 ! 15/03/2008 CINDY MABEE

ON: 2:34.73 \* 30/04/1996 LYNN MARSHALL

1	Sedgewick, Shauna	37	AURORA MASTER DUCKS-	3:45.00	3:41.46	20
	1:50.55 3:41.46					

**Event 92 Women 45-49 200 LC Meter Backstroke**

NATL: 2:38.38 ! 24/02/2008 LYNN MARSHALL

ON: 2:38.38 \* 24/02/2008 LYNN MARSHALL

1	Kosac, Marci	46	LONDON SILVER DOLPHINS M	3:17.00	3:21.12	20
	1:39.07 3:21.12					
2	Doucher, Carol Ann	48	AURORA MASTER DUCKS-	3:55.00	3:56.84	17
	1:58.61 3:56.84					

**Event 92 Women 50-54 200 LC Meter Backstroke**

NATL: 2:57.42 ! 29/03/2009 JANIE MCCALL

ON: 3:00.61 \* 04/08/2006 JILL VANDERFLEET-SCOTT

1	Weir, Sue	54	TRILLIUM Y MASTERS SWIM	3:09.70	3:11.37	20
	1:34.13 3:11.37					
2	Mitchell, Janet	50	AURORA MASTER DUCKS-	3:15.00	3:11.98	17
	1:31.39 3:11.98					
3	Salmon, Anneke	54	LONDON SILVER DOLPHINS M	3:14.00	3:23.60	16
	1:39.80 3:23.60					
---	Baker, Tracey	50	LONDON SILVER DOLPHINS M	3:12.00	NS	

**Event 92 Women 55-59 200 LC Meter Backstroke**

NATL: 3:00.79 ! 31/07/2001 BONNIE PRONK

ON: 3:20.26 \* 04/08/2006 DAWN BABIN

1	Shields, Colleen	59	ETOBICOKE OLYMPIUM MAS'	3:40.00	3:39.91	20
	1:49.32 3:39.91					

**Event 92 Women 60-64 200 LC Meter Backstroke**

NATL: 2:59.01 ! 28/02/2002 BONNIE PRONK

ON: 3:37.76 \* 30/06/1994 RITA MARKLAND

---	Herbert, Eileen	63	TOWN OF NEWMARKET MAS'	6:15.00	NS	
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**Event 92 Men 45-49 200 LC Meter Backstroke**

NATL: 2:18.25 ! 21/06/2008 LEN GUSHE

ON: 2:18.25 \* 21/06/2008 LEN GUSHE

1	Ball, Jeff	48	BURLINGTON MASTERS SWIM	2:47.00	2:48.67	20
	1:21.05 2:48.67					
2	Mitchell, Andy	49	AURORA MASTER DUCKS-	3:25.00	3:25.35	17
	1:42.31 3:25.35					
---	Harvey, John	45	DOWNTOWN SWIM CLUB-CAI	3:18.50	NS	
---	Strang, John	45	BURLINGTON MASTERS SWIM	2:55.00	NS	

**Event 92 Men 55-59 200 LC Meter Backstroke**

NATL: 2:37.24 ! 10/10/2009 JIM MACDONALD

ON: 2:51.58 \* 28/02/2002 CLAUS KOCH

1	Lindquist, Les	59	AURORA MASTER DUCKS-CA'	3:30.00	3:35.43	20
	1:47.28 3:35.43					

**Event 92 Men 70-74 200 LC Meter Backstroke**

NATL: 3:04.64 ! 20/02/2010 KARL DONOGHUE

ON: 3:20.47 \* 28/02/2002 ARTHUR INGLIS

1	Heard, Ken	72	DOWNTOWN SWIM CLUB-CAI	6:00.00	7:40.77	20
	3:36.03 7:40.77					

**All Out Swim 2010 - 17/04/2010****Results - Saturday****Event 93 Women 18-24 200 LC Meter Breaststroke**

NATL: 2:59.67 ! 31/05/1993 ISABELLE BERNARD

ON: 3:06.30 \* 31/01/2002 MEREDITH SZEWCHEK

1	Sutcliffe, Jenna	24	DOWNTOWN SWIM CLUB-CAI	3:25.00	3:23.02	20
	1:39.90 3:23.02					

**Event 93 Women 35-39 200 LC Meter Breaststroke**

NATL: 2:59.35 ! 07/03/2009 JOCELYN JAY

ON: 3:01.45 \* 31/03/1984 YVONNE CATTRALL

1	Tome, Chantal	37	NORTH TORONTO MASTERS S	3:45.00	3:39.06	20
	1:45.20 3:39.06					

**Event 93 Women 45-49 200 LC Meter Breaststroke**

NATL: 3:06.28 ! 30/04/2004 AVILA RHODES

ON: 3:07.70 \* 30/04/2002 EDIE FISHER

1	Brankovsky, Martina	49	NORTH YORK GATORS-CAN	3:44.70	3:43.00	20
	1:49.02 3:43.00					

**Event 93 Women 50-54 200 LC Meter Breaststroke**

NATL: 3:04.47 ! 09/08/2006 AVILA RHODES

ON: 3:21.73 \* 11/02/2006 CATHERINE MERRITT

1	Hall, Dorothy	53	AURORA MASTER DUCKS-	3:52.00	3:53.91	20
	1:50.23 3:53.91					
---	Eberhard, Jeanette	53	LONDON SILVER DOLPHINS M	3:44.60	SCR	

**Event 93 Women 55-59 200 LC Meter Breaststroke**

NATL: 3:13.90 ! 31/07/2001 BONNIE PRONK

ON: 3:27.02 \* 27/02/2005 YVONNE CATTRALL

1	Low, Marianne	55	BORDEN ENDUROS ATHLETIC	3:57.00	3:53.36	20
	1:54.70 3:53.36					

**Event 93 Men 30-34 200 LC Meter Breaststroke**

NATL: 2:29.72 ! 31/07/2000 STEVEN GOMBAI

ON: 2:29.72 \* 31/07/2000 STEVEN GOMBAI

1	Tona, Lionel	33	DOWNTOWN SWIM CLUB-CAI	3:55.50	3:47.77	20
	1:49.65 3:47.77					

**Event 93 Men 40-44 200 LC Meter Breaststroke**

NATL: 2:39.56 ! 31/07/2002 DOUG VANDERBY

ON: 2:39.56 \* 31/07/2002 DOUG VANDERBY

1	Cupidio, Chris	42	BEACH BARRACUDAS-CAN	3:15.00	3:27.29	20
	1:37.93 3:27.29					

**Event 93 Men 45-49 200 LC Meter Breaststroke**

NATL: 2:42.79 ! 17/08/2008 BRIAN HASEGAWA

ON: 2:42.79 \* 17/08/2008 BRIAN HASEGAWA

1	Williamson, Matthew	46	TRILLIUM Y MASTERS SWIM	2:50.00	2:50.12	20
	1:22.09 2:50.12					
2	Oliver, Eric	47	AURORA MASTER DUCKS-	3:18.00	3:16.79	17
	1:33.27 3:16.79					
3	Lam, Ernie	47	DOWNTOWN SWIM CLUB-CAI	3:45.00	3:59.20	16
	1:51.05 3:59.20					

**All Out Swim 2010 - 17/04/2010****Results - Saturday****Event 93 Men 50-54 200 LC Meter Breaststroke**

NATL: 2:49.58 ! 25/04/2009 DAVE FREEMAN

ON: 2:49.58 \* 25/04/2009 DAVE FREEMAN

1	Thurlbeck, Gregg	52	ALDERWOOD TEDDY BARES-	3:40.00	3:48.29	20
	1:48.48 3:48.29					

**Event 93 Men 65-69 200 LC Meter Breaststroke**

NATL: 3:09.60 ! 27/04/2008 ERIK HAITES

ON: 3:09.60 \* 27/04/2008 ERIK HAITES

1	Haites, Erik	67	TORONTO ATHLETIC CLUB-C.	3:20.00	3:20.56	20
	1:35.22 3:20.56					

**Event 94 Women 35-39 200 LC Meter Butterfly**

NATL: 2:27.55 ! 30/06/2005 DEBBIE YOUNGER

ON: 2:32.53 \* 30/06/1996 LYNN MARSHALL

1	Micheff, Lori Lynn	35	NORTH TORONTO MASTERS S	3:00.00	3:14.35	20
	1:32.11 3:14.35					

**Event 94 Women 40-44 200 LC Meter Butterfly**

NATL: 2:33.74 ! 01/07/2006 CYNTHIA PINCOTT

ON: 2:36.02 \* 07/05/2005 LYNN MARSHALL

1	McDowell, Gillian	41	AURORA MASTER DUCKS-	3:59.99	4:01.56	20
	1:55.26 4:01.56					

**Event 94 Men 40-44 200 LC Meter Butterfly**

NATL: 2:25.57 ! 30/04/2002 STEVEN STOTHERS

ON: 2:33.91 \* 31/05/1993 DAVID READ

1	Christofferson, Jeff	43	LONDON SILVER DOLPHINS M	2:41.28	2:40.97	20
	1:13.27 2:40.97					

**Event 94 Men 45-49 200 LC Meter Butterfly**

NATL: 2:21.16 ! 22/06/2008 LEN GUSHE

ON: 2:21.16 \* 22/06/2008 LEN GUSHE

1	Castonguay, Guy	47	DOWNTOWN SWIM CLUB-CAI	3:20.00	3:26.89	20
	1:31.45 3:26.89					